Taking center stage

Local bands attract growing audiences and musical fame

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Time in a bottle

AA, Al-Anon, Alateen help alcoholics and their families recover

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VOLUME 63 · ISSUE 6
MARCH 21, 1994
SHAKERITE
SHAKER HEIGHTS HIGH SCHOOL · 15911 ALDERSYDE DRIVE · SHAKER HEIGHTS, OHIO 44120

NEWS BRIEFS

Duffy receives grant to teach American music

Foreign language teacher Edna Duffy won a grant for $1669 from the Ohio Arts Council, an organization of recognized professional artists.

Duffy is a master musician and won the money to teach an apprentice her art, singing American Negro spiritual.

"American Negro spiritual is the first and only authentic American music," Duffy said.

Blues, jazz and rock and roll have origins in this type of music, Duffy said.

Duffy, a classically trained soprano, has a double major in music and foreign language. She received the grant because she is a recognized performing artist in the state of Ohio.

The goal of the grant is to pass on traditions in the arts in hopes that her apprentice will eventually become a master and teach someone else.

–Debbie Libman

Japanese students, teachers visit high school in exchange

Students from the Takatori school in Japan have arrived for the ninth consecutive year of international exchange.

The students from Takatori are participating in a one month long exchange program shared between the Beachwood, Shaker and Takatori schools. Both the Beachwood and Shaker High Schools get two weeks of time with the students.

"[It's] a nice program to continue international education between U.S. and Japan," exchange teacher Tomoko Tanigawa said.

Tanigawa also said that despite our two nations brimming trade war, students are still cordial and friendly.

"When we come [to school] in the mornings, students [greet us] by saying 'ohio,' and many students are very helpful [toward] us; this [is pleasing]."

There was only one common regret shared by most of the students, according to Sensei Toshiya Iwasaki and Tanigawa.

"It's too bad we cannot see the better seasons of your country," Tanigawa said.

–Will Glasson

School celebrates 'Best' rank

BY ALEX HAMERSTONE
Staff Reporter

Redbook magazine voted Shaker the top high school, public or private, in the state of Ohio in its April issue.

This is the third year that Redbook has conducted its America's Best Schools Project. The magazine singles out outstanding high schools and the people who make them work.

A panel of 10 educational leaders, who judged the contest, picked the best high school in each of the 50 states and Washington, D.C.

Criteria include the following:

- A curriculum that challenges gifted as well as special needs students
- Knowledgeable teachers who nurture, challenge and inspire students
- Involved parents and community members
- The latest in computer and video technology
- Many extracurricular and community service projects
- A strong principal who both innovates and inspires
- Positive competiton among students

The award reflects on not only the school's faculty and facilties, but also on the student body itself, according to Principal A. Jack Rumbaugh.

"This award is a great accomplishment for the high school. This reflects positively on the students, teachers and the community," Rumbaugh said.

In the article, which is found in the issue currently on the shelves, Redbook praises the high school highly.

MAKING THE GRADE. The high school's main office displays its pride in Redbook magazine's award of the top high school, public or private, in Ohio. Along with national recognition, the school received a large fruit basket.

Shakerite photo by Courtney Masini

"[Shaker Heights High School] offers its 1,393 students a first rate faculty, a 12 to one student-teacher ratio and an extraordinary group of motivated students," the article says. "Also, 17 percent of the senior class earns recognition in the National Merit Competition, one of the highest percentages in the nation."

Although a common belief is that money makes a school, the article says the average per pupil spending among winners of the contest was $5,350, less than the national average of $5,721 per pupil.

Superintendent Mark Freeman said he was pleased with Redbook's award.

"I'm absolutely delighted that after a national search, Shaker [Heights] High School was nominated and selected as the top school in the state of Ohio," Freeman said. "It is a credit to the faculty, staff, students, community and alumni of the school."

The award reflects on a successful school year for the high school, which includes many awards for the school and students, Rumbaugh said.

Five seniors named Scholars semifinalists

BY RYAN GOHMANN AND BEN SCHEIN
Staff Reporters

The White House Commission on Presidential Scholars selected five high school seniors as semi-finalists in the Presidential Scholars Competition.

Seniors Rebecca Davis, Keren Fischer, Michael Higley, Andrea Johnson and Aaron Pierce were selected as semi-finalists by virtue of their SAT and ACT scores. There are 2600 semi-finalists across the nation that were chosen for this award, and 141 students will be chosen to be Presidential Scholars. Those students will have the opportunity to take part in festivities during National Recognition Week in Washington, D.C.

"It would be a nice honor, but I'm not sure if I will win it. I will do the best that I can, but everyone who has made it this far is a great student," Pierce said.

Johnson said she was also happy when she heard the news, but she also isn't sure if she will be a winner.

"It would be nice to go to Washington, but my hopes are not too high because it is so selective," Johnson said.

The semi-finalists are chosen on the basis of their accomplishments in the areas of academics, art, leadership skills and their involvement in their school and community, according to the Commission. The winners are then chosen by a meeting of all of the members of the Commission.

After the Commision chooses the semi-finalists, winners must submit additional material to be considered as finalists. These materials include self assessments, essays and transcripts. A national committee of educators selects 500 finalists, and then the Commission goes on to select one male and one female from each state to be Presidential Scholars.

Winners of the contest will travel to Washington, D.C., where they will meet government officials, educators, authors and other accomplished people. They will visit monuments and museums in Washington and will also attend ceremonies in their honor. These scholars will also identify the teacher who has been the most influential for them, and these teachers will be named as Scholar's Distinguished Teachers.

Recognition Week ends with a ceremony where the winners are awarded the Presidential Scholastic Achievement medallion to commemorate their achievements.

Pierce attributes his success as largely a result of the Shaker school system.

"The school system has had a strong influence on me. It provides so many opportunities and it encourages students to excel," Pierce said.

Junior enlists in Ohio National Guard to help pay for college tuition

Junior Daryl Cleveland enlisted in the Ohio National Guard, Jan. 1994. Cleveland enlisted under a program that pays a $1,500 federal enlistment bonus and 60 to 100 percent of any state college or approved technical school.

"I needed funding for college and I felt that by joining the military it will help me become more mature and disciplined," Cleveland said.

– Starla Wallick
– Jennie Reiff

Discontent: Teachers complain of not being heard, adminstration claims they are listening

BY EMILY TROIA
Feature Editor

Middle school staff members talk like members of a giant family, a family which has known exciting times and contented times, but which lately has lost its closeness and trust.

Frustration, low morale, a lack of communication and too little leadership are what many teachers cite as the source of their discontent.

"There is definitely more dissatisfaction here in the past year or two. It stems from not having any input, finding out about things at the very last minute, just being told, a secretiveness out of the front office and a lack of communicaton," guidance counselor Grace DiDomenico said.

Letters have been sent both to the school board and the administrative building expressing concerns, according to Chairman and Library Media Specialist Patricia Baird.

In an effort to address the problems, Superintendent Mark Freeman and Executive Director of Curriculum Jim Paces held a meeting of the chairmen March 2.

"I was at the middle school [March 2], because a group of department heads asked me to join them in a meeting. They had some concerns about the morale of staff, how decisions were being made and communication among staff members," Freeman said.

The issues discussed, according to Freeman, were the following:

✓ consideration of staff input in decisions effecting the building's operation

✓ the new attendance system

✓ monetary concerns over keeping Assistant Principal Renee Paige's substitute, Ovella Roulette McIntyre, after Paige's return from medical leave

✓ lack of communication which some said was because of the new principal, Brent Wendling, and McIntyre.

> ***If somebody has an idea about something and they know more than I do about the area, I go to them. I don't look at myself as the person with all the answers."***
>
> ***–Brent Wendling, middle school principal***

Science Chairman Jim Alt stressed poor communication as the source of the school's problems.

"I think that the teachers are getting fed up with the unilateral decisions being made. The principal does not seem to care about the staff's input when making decisions that directly affect us," Alt said.

Despite some teachers' criticisms, Wendling said that he considers himself a good listener.

"If somebody has an idea about something and they know more than I do about the area, I go to them. I don't look at myself as the person with all the answers," Wendling said.

Defending Wendling, Music Chairman Robert Schneider said he thinks Wendling has made an effort to hear teachers.

Also signaling unrest, staff members have filed up to three times as many formal grievances this year, according Baird, who is professional rights and responsibilities chairman. Previously, most complaints were able to be handled at an informal or building level, she said.

MAN IN THE MIDDLE. Recent changes in adminstration and the attendence system at the middle school foster controversy between teachers and administrators. Teachers are filing numerous complaints while the administration says they are trying to listen.

Shakerite photo by Courtney Masini

Another vocalized concern is the new attendance system installed in November.

The system is the same type of computerized system used at the high school, according to McIntyre.

English Chairman James Mallin, previously the attendance supervisor, said it is good to computerize the attendance system, but adaptatons from the high school's system into one for a middle school are neccesary. Many staff members agree and said they were not asked for input before the school implemented the system.

"When a new system was first being offered, no one consulted me. After it was installed, I was not asked to give input, but a place in the operation of it," Mallin said.

> ***There is defintely more dissatisfaction here in the past year of two. It stems from not having any input, finding out about things at the very last minute, just being told, a secretiveness out of the front office and a lack of communication,"***
>
> ***–Grace DiDominico, middle school guidance counselor***

"It's not working. We don't know if a kid's absent or just not there."

DiDomenico said she was on a committee to discuss a new system. The committee was told what the new system was going to be, but never asked for its input.

In direct conflict with some teachers comments, Wendling and McIntyre said meetings were held during which teachers could participate in the system's planning.

English teacher Faith Wyse and Learning Disability Chairman Gloria Fried said they and other staff members question the money spent on the new system and maintaining a third assistant principal. Due to a lack of funds, their request was turned down by the adminstration for another special skills teacher to alleviate overcrowded skills classes down, Fried said.

Supporting the need for an extra assistant principal, McIntyre is remaining for the rest of the year to help with the attendance system, Wendling said, and because of the relationships she has developed with students and parents.

Tne attendance system as well as many other conflicts are due to a lack of a strong leader, according to Baird and Alt.

"There is not a cohesive leadership here. I think [Wendling] has tried leading from the humanist approach, but if you're not organized and you're not quickly responsive, you should not accept the position," Baird said.

The superintendent's meeting with the chairpersons provided an avenue to discuss concerns, but Baird and Alt question whether Freeman heard them.

Acknowledging that recently he may not have done the best job in listening to the middle school's staff, Freeman said he heard the chairmen at the meeting.

"I think [the staff] feels that no one is responding to questions or suggestions and then making decisions without their input. You can really feel devalued, demoralized and frustrated," Freeman said. "This is not a positive thing, and everyone needs to work on improving communication. I think that the main responsibility goes to the leadership of the school though."

Wendling said that despite the unrest, he thinks the staff is happy overall.

Wyse does not agree that the staff is happy.

"It just can't go on like this. We all tell each other not to let things get us down, but we can't help it," Wyse said.

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Academic Decathlon team places third in state, receives 19 medals in individual categories

BY BEN SCHEIN
Staff Reporter

The Academic Decathlon team finished third at the Feb. 19 state competition.

The team received a total of 19 medals at the state competition, including an overall team bronze medal in the category of super-quiz, a mystery category of questions whose topic changes every year.

According to team coach Steven Fox, the results of the state competition were very close.

"[The competition] was close enough that we felt very victorious," Fox said.

Senior Andrea Johnson received the award for top overall student at the competition and a $1000 scholarship.

"It is fun being on the team and being in an atmosphere where you are there to learn. Everyone who is there is there because they want to be," Johnson said.

Academic Decathlon is a competition in which students compete in 10 categories.

The 10 categories are math, science, history, economics, fine arts, language and literature, speech, interview, essay and super-quiz.

Team members were placed in three divisions according to their grade point averages at the high school, Fox said.

The divisions are 3.5 and above, 3.0-3.5 and below 3.0.

This years team had three participants in each division.

Team members are seniors Andrea Johnson, Aaron Pierce, Rob Cameron, Jonas Green, Dante Roulette, Tim van Faussen, Roger Teztlaff and Monica Carter and sophomore Owen Marsh.

The divisions allow students students who are bright to compete even if their GPA is not high, Fox said.

Steven and Dr. Carol Fox have been coaching the Academic Decathlon team for 12 years.

Sher, McCormack advance to national debate competition

BY JONAS GREEN
Staff Reporter

Senior David Sher and junior Shana McCormack will compete for national recognition as members of the Speech and Debate team.

Sher will compete at the annual Cleveland City Club high school debate on March 18 for the Cleveland District Championship.

Making it to this event, which will be aired on both radio station WCLV and television, is one of the greatest honors that a high school debater can receive according to speech adviser Amy Roediger.

McCormack, the team's Vice-President, will participate in the National Debate Competetion in Kansas during the first week of June.

The team finished their formal season on March 4 with the state competition.

Although the team came away with no individual awards, Roediger said they made their best showing in her three years as coach.

Team president Jon Litt agrees.

"This year has been much better because we've really worked as a team. In the past we weren't really a team, but now we're supporting one another and helping one another," said Litt.

According to Litt, the progressive order in which competitions take place is rather unusual. Unlike most high school competitions, in which teams or individuals who place well at states proceed to national competitions, the state and national competitions for Speech and Debate are unrelated.

Despite competing separately, team members emphasize that they help one another and work together.

Although modest about his achievement, Sher is proud to have been given the opportunity to compete at such a level because of the recognition that it will bring to the team as a whole.

"A victory for one of [the team members] is a victory for the entire team," Sher said.

Sher regrets waiting to join the team until his junior year.

"My biggest mistake was not joining the team when I first began high school. It is one of the most important [high school] experiences I've had," said Sher.

On March 11, four new team members competed in the Novice State Competition for policy debate.

Policy debate members debate in teams of two on a topic selected yearly.

Although neither team advanced to the quarter finals, both teams fared well, according to Robert White, policy debate

Students score well on AHSME test; over 30 advance to next level of testing

Over 30 high school students qualified to take the American Invitational Mathematics Exam (AIME) after taking the American High School Mathematics Exam (AHSME) with their math classes on Feb. 24.

According to math teacher Thomas Patrick, the results this year were excellent.

In past years, only five or six students from the high school have qualified to continue on to the next level of competition, Patrick said.

The participants included 100 upperclassmen students from Advanced Placement Math classes and selected underclassmen.

The AHSME test was 90 minutes long and consisted of 30 questions with 150 points possible.

Students who scored above 100 points were invited to continue to the next stage of competition and take the AIME in April.

According to students who have taken the test in the past, this years test was easier.

"The use of calculators made this years test easier than past years. For the first time, I qualified for the AIME with a score of 108 points, but the real challenge was picking questions to answer because the test seemed to straightforward. Few of them presented much of a challenge," senior Jim Whitney said.

–Leigh Stevens

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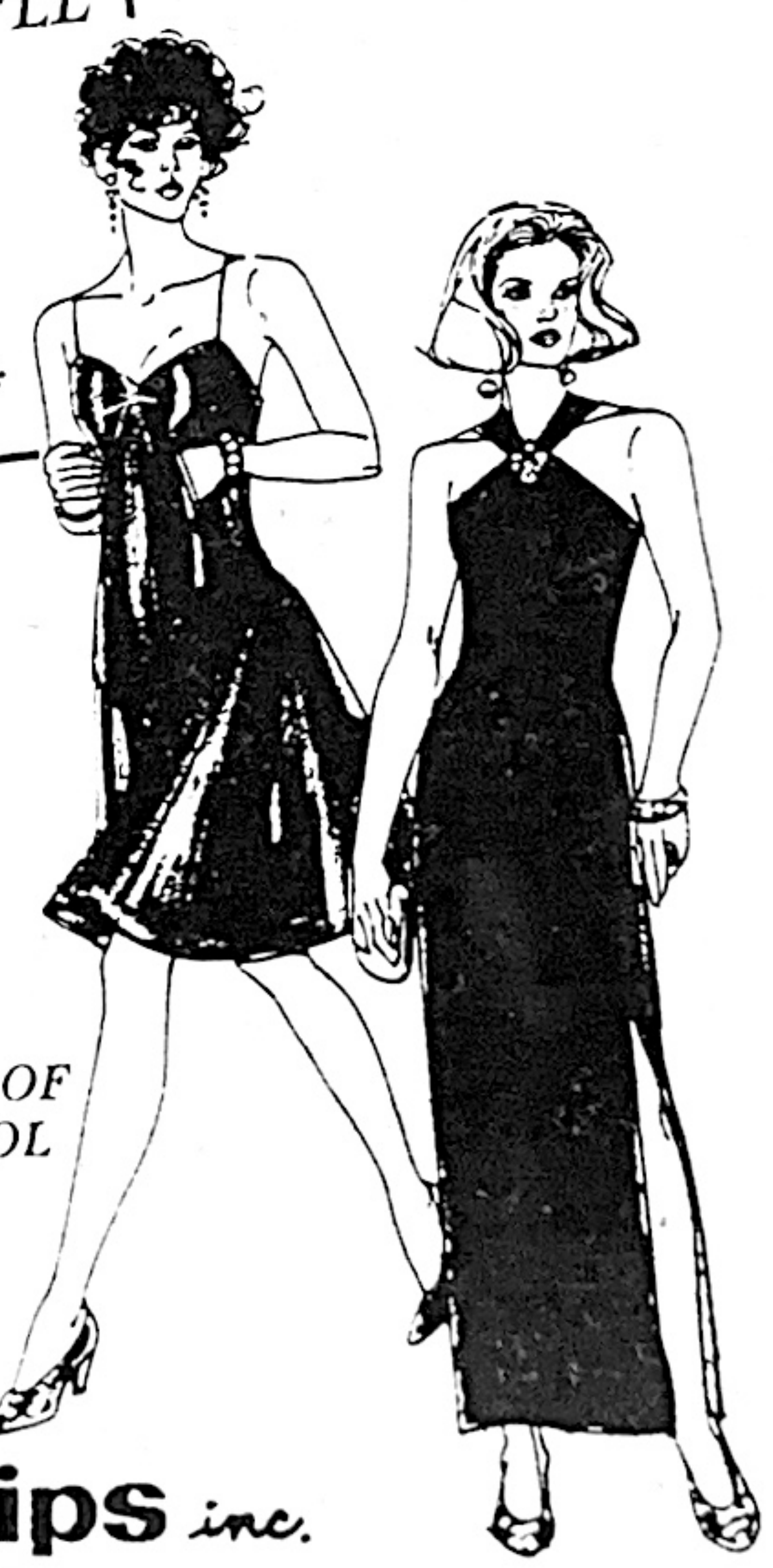

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How to be PC: Seven politically incorrect words and their alternatives

1. **boring**: Differently interesting; charm-free.
2. **dead**: Terminally inconvenienced.
3. **drunk**: Sobriety deprived.
4. **serial killer**: Person with hard-to-meet needs.
5. **clumsy**: Uniquely coordinated.
6. **snowman**: Person of snow.
7. **white** (person): Melanin impoverished.

—*source: The Politically Correct Dictionary and Handbook*

Pressured students join clubs only for college acceptance

THE RITE IDEA

Every class has its perfect student: the one who earns straight A's, is class president, captain of the varsity lacrosse team and still has time to feed the homeless. He or she is the all-American student of whom all colleges dream.

Unfortunately, many times parents and pressure from peers cause students to feel as if they should transform themselves into replicas of the one star student, just to get into the "right" college. The result is students who join clubs and take classes they are not interested in under the direction of those guiding them, simply to impress college admissions officers.

A problem arises when pressure to be accepted at a parent's alma mater or a dream Ivy League school sometimes forces students to join numerous activities and take no interest in them, under the mistaken impression that "more is better." While it is true that colleges are impressed with involved students, they also look for students who have a passion for what they do.

This appeal is not meant to disparage the efforts of counselors, parents and teachers who encourage students to meet necessary requirements. In many cases their knowledge from simply "having been there" is superior to the knowledge of a young person. A student who does not want to fulfill necessary requirements such as English simply because it does not interest him or her should not necessarily be allowed to exercise his or her whim. Instead, this is an appeal to students to join activities in which they hold an interest and then take an active role. It is also an apeal to parents who pressure their children into doing more than they are capable of handling and expect more of their children than they can deliver.

Some of the blame for the push to create "superstudents" can be placed on the colleges and universities themselves. As the applicant pool becomes more competitive, the criteria the admissions committee expects from a student become more and more stringent. Students, as well as their advisers, feel pressured to meet these superhuman standards.

The time has come, then, to question this process of encouraging students to join activitiesthey are not interested in. It is important that students use the array of activities that Shaker provides to express their true interests, instead of to inpress a college admissions board.

CHEERS & JEERS

Cheers to science teacher Robert Sylak for the birth of his son John.

Jeers to Tonya Harding. It's about time she 'fessed up. The crybaby routine was getting a little old.

Jeers to the Klu Klux Klan rally in Painesville.

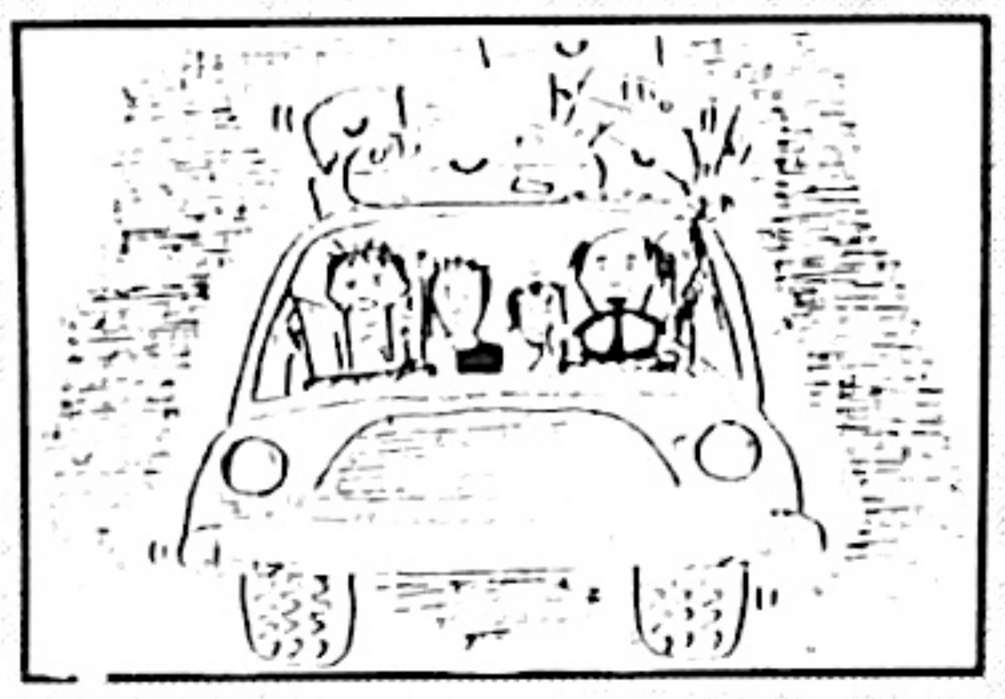
Cheers to Shaker for being voted the number one school in Ohio by *Redbook* magazine.

Cheers *to professional lumberjacking on ESPN, complete with commentators...a stimulating alternative to March Madness.*

Jeers to getting a ticket for parking nine feet from a crosswalk.

Cheers to David Sher for participating in the annual City Club Debate.

Jeers to snow in March.



ABCDE
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Jeers to being in a hurry and getting stuck behind an 85-year-old woman driving 20 mph in a car the size of Rhode Island.

Jeers to long family car trips.

Cheers to spring break.

Jeers to going somewhere even colder than Cleveland over spring break.

Jeers to waiting for the word of acceptance from your first-choice college.

Black-Jewish relations need open mind

BY REBECCA DAVIS
Editor-in-Chief

Question: If you're black and I'm Jewish, then what can we have in common?

Answer: A whole lot of trouble.

With Louis Farrakhan and his ministers insisting that Jews accounted for the majority of the slave trade and Jews receiving press because of a madman's attack on a Muslim mosque, both Jews and African Americans are engaging in blame-fests, pointing fingers and trying to villify themselves.

Meanwhile, leaders of our communities use and abuse history to make their points. For example, Farrakhan said in a speech in Washinton, D.C. in 1987 (and on many other occasions) "...there were Jews who were involved in the slave trafficking of black bodies. Why shouldn't I say that if it is written in the history books and it is absolute true?"

Actually, the history books tell us that in 1861, Jews accounted for only 0.3 percent of all slaveholders in this country, according to Cornel West, professor of religion at Princeton University. And yet Farrakhan says in his speeches that Jews owned 75 percent of the slaves in this country.

Farrakhan and his ministers often play upon the most common stereotypes of Jews–that Jewish Americans control this country's banking industry and that all Jews want is more money. During a speech at Morgan State University on Oct. 30, 1983, Farrakhan accused Jews (specifically those involved in the development of Israel) of trying to, "shield your dirty religion under His holy righteousness." So I have trouble believing Farrakhan when he says that he is not anti-Semitic.

As a member of Jewish youth organization, I have heard peers spew racial garbage. I have heard Jewish teenagers talk about "the black kids at our school" like members of an inferior, less intelligent social class. These people speak out of ignorance and an unwillingness or inability to understand a perspective other than their own. For that same reason I fear that when Farrakhan refers to "the Jews" in his speeches and sermons, he is unfairly labeling an entire ethnic group with the faults of some of its members.

We should not neglect essential chapters of cooperation in the history of the black-Jewish relationship. The involvement of the Jewish community in the Civil Rights Movement should not be slighted, nor should King and other activists' inclusion of the Jewish community in their pleas for equal justice be ignored.

The easiest way to understand Farrakhan is to check his facts. We should make the most of our own freedoms of speech and press and let people know when he twists the truth or generalizes too broadly. Let's make the facts and the viewpoints of history known. Then give every person the freedom to make up his or her own mind.

The Shakerite is a public forum published nine times yearly for and by the students of Shaker Heights High School.

Letters to the editor must be signed and may not exceed 250 words. Letters, subscription and advertising inquiries should be delivered to the Shakerite office in Room 229, or mailed to: The Shakerite, 15911 Aldersyde Drive, Shaker Heights, Ohio 44120. The Shakerite reserves the right to reject or edit any letter to the editor or advertisement.

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Only actions can change segregation

BY JONAS GREEN
Staff Reporter

The topic of race relations has always been a touchy issue at Shaker. The student body is composed of equal numbers of whites and minorities (predominantly African American). In contrast, only 12 percent of the United States population is black. Despite the potential for racial intermingling and the development of mutual respect among the various races at our school, Shaker is not ideal.

Segregation, though no longer institutionalized, is prevalent in every aspect of our school. Looking at any AP class we are unlikely to find more than two non-caucasians even in a class of 20 people. But if we glance at a CP classroom, the faces are more than likely to be of a darker pigment. It is not only in the classroom that separation is evident. In the cafeteria and social room, there is practically a dividing line separating the races.

On Jan. 27 at the Shaker Heights Martin Luther King ceremony, several of the speakers, including seniors Khadija Woods and Joshua Goodman and Reverend Otis Moss, spoke about the need for active integration to replace passive desegregation. But words alone can not transform our school—neither their words, nor mine. Words can foster action, and action can bring about modifications. So in order for integration to occur, we must alter our ways.

Separation of races, whether forced or not, breeds ignorance. Not only is the lack of integration at our school blatant, but some students even perpetuate the bigoted stereotypes spewed by racists and homophobics. It is disturbing to walk down the hall and hear students calling one another "nigga," "bitch," "ho," and "fag." These words are not only inappropriate but offensive and deplorable. Not infrequently, jokes based on stereotypes can be heard in the hallways and lunchroom. Jokes that target a particular group of people or race lack humor. The teller of a joke may not intend to offend others, but the words often hurt.

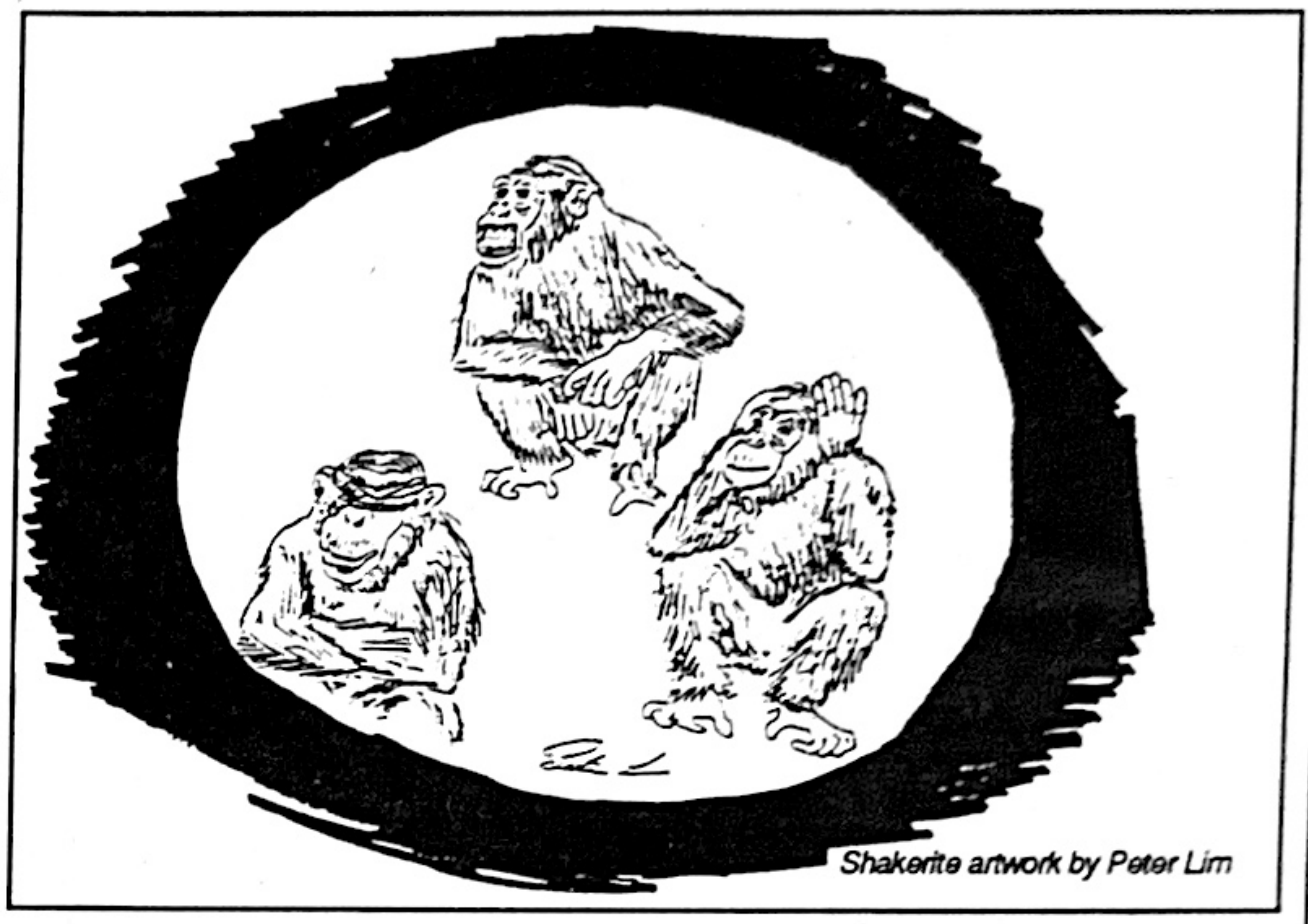
Even worse than these jokes are the comments that are serious, where the speaker intends to embarrass or hurt others. In a speech before the student body at New Jersey's Kean College on Nov. 29, Khalid Abdul Muhammed, an aide to Nation of Islam leader Louis Farrakhan, verbally attacked all Jews, Catholics and South Africans, as well as any blacks who disagree with his views. His remarks were simultaneously disgusting and frightening. He called Jews "the bloodsuckers of the black nation", and said they have names like Silverstein, Goldstein and Rubenstein because they have been "stealing rubies and gold and silver all over the earth". Pope John Paul II was described as a "no-good ... cracker."

The rantings of a mindless fanatic clearly are ridiculous and don't deserve much attention. However, we must realize that such people do exist, and that their ideas doubtless take root in an environment of separatism. Ignorance breeds irrational fear. If we eliminate the ignorance, then the fear and hatred will disappear as well.

A powerful first step is integration in the classroom which will lead to better understanding and racial harmony.

Evils of prejudice go unacknowledged

BY EMILY TROIA
Feature Editor



Shakerite artwork by Peter Lim

Hear no evil. See no evil. Speak no evil.

And prejudice is evil.

We live in a community admired for its integration and racial harmony. We also live in a community which fears racism, a sin, and contamination by even acknowledging its stain upon the world immediately surrounding us.

Growing up here, I saw people's color without attaching hate, but I also grew up blind to the realization that the entire world was not as free from color bias.

Of course, I was educated about the wrongs which had been done to minorities. . . in the past. My understanding that these wrongs were still going on was minimal.

Meanwhile, I myself was experiencing racism against my whiteness. I had black students shove me and call me names such as "nasty, stringy-haired bitch" in the hall. I was told I could not stand in one of the lunch lines in the cafeteria, because I would be cut out of line. I heard my white classmates and myself get angry. Having black friends, we would say it was not *all* black students, but an unfortunately large number were prejudiced.

Yet the community and administration heard nothing, saw nothing and said nothing. We, the angry students, did the same for fear of appearing prejudiced and knowing we would be ignored.

My anger was at its height when a friend of mine called me with a story that appalled and shocked me. My friend's family had moved to Painesville recently, and she always complained how racist the people of the area were. I never heard what she was saying until the night she told me about how the manager where she worked refused to help a black man, and after he left the manager made racial slurs.

This was not the South, but 45 minutes away. I was confused and felt lied to by my community about our evil-free area.

This incident is nothing compared to some of the stories I have heard since as I have talked more with my black friends and peers. I think I startle them with my ignorance of the ignorance they face.

The community and schools' inability to speak the evil which I had been protected from seeing left me without the ability to deal with the world around me.

White students in general are unaware of the racism blacks face even within the community. Many black students take out their anger towards the hate they face on white students. White students can not understand why they are being abused when they have done nothing.

The community and schools have to start seeing, hearing and speaking about the racism that both blacks and whites face. We must stop treating it as some far off or far gone evil. We must see, hear and speak of the reality.

Many white students are tired of being pushed around and having the administration ignore it. Many black students are tired of white students' misconception of a racism-free community.

We need to discuss the anger we feel and hatred we face without being afraid of sounding prejudiced ourselves. When we ignore our anger, it becomes bottled up and the pressure builds inside us for a release.

The administration needs to encourage more events like the Rodney King rally in the spring of 1992, where the student body got together and talked honestly about the anger we felt towards members of different skin colors and our own.

Ignored or acknowledged, the evil is here. It is time to open our eyes, ears and mouths. We can not hope to completely rid ourselves of the evil we see, but we can work on stopping its growth.

Nurse corrects faulty birth control advice for students

LETTERS TO THE EDITOR

To the editor:

There is only one sure-to-work form of birth control and STDs/AIDS prevention device, and it is not HOPE. Rather, it is now and always will be abstinence. Everybody is doing it. For those of our young people who have chosen to wait, I offer my congratulations on having the good sense to wait and to appreciate the most precious gift you have, the conservation of which could be life saving.

I read with great concern the very innacurate information offered in the newspaper. Condoms (or barriers) are not 98 percent effective. LATEX condoms, when used correctly with non-oxynyl spermicide approach 98 percent effectiveness. Without spermicide, effectiveness is as low as 86 percent. Not used correctly, condoms are barely 50 percent effective.

Diaphragms are rubber devices, but they are not inserted into the uterus. These devices fit inside the vagina over the cervix, the opening to the uterus. When used properly diaphragms are about 80 percent effective against unwanted pregnancies and when used with a spermicide.

The sponge is not placed into the small opening of the uterus. Rather, it fits inside the vagina over the cervix, the opening to the uterus. When properly used, the sponge is 75 to 80 percent effective; less when the female has had a child.

Persons on the Pill should not smoke.

Contraceptive foam is inserted into the vagina, not the uterus. The effectiveness rate is felt to be 60 percent, and foam requires a barrier to increase effectiveness.

Having sex may be hazardous to your health and life threatening. Ladies, take care of yourselves. If THEY really loved you, THEY wouldn't ask. Don't become victims of the BUMBLE BEES. Fellows, stop being BUMBLE BEES. If you don't understand the BUMBLE BEES Theory, stop by to see me in the clinic. Again, the only sure-fire contraceptive is abstinence.

Evelyn B. Wisham, R.N.

Lomond objects to Rite Idea claim

To the editor:

This is in response to "The Rite Idea" opinion in the Feb. 22, 1994 *Shakerite*. We think it is very important to clarify some misinformation stated in this editorial.

At Lomond School we have a principal and an assistant principal who are often in our classrooms helping children learn and assisting teachers. It is unfortunate that your editorial views the assistant principal as a disciplinary agent instead of an instructional leader. It is also unfortunate that your article did not check facts that happen to be a matter of public record. We find your jounralism to be remiss in this area. We find your editorial to be inflammatory, inaccurate and purposely misleading.

Please read the following corrections:

•Lomond is not like all the other elementary schools in terms of population. It is, instead, the largest K-4 building in Shaker Heights with 525 students. The enrollment is 63 students larger than Mercer, the second largest building. The smallest K-4 building has an enrollment of 280.

•In the last five years, Lomond has received six grants from the Ohio Department of Education. These grants total $214,500. The principal and assistant principal, in collaboration with other teachers, have written and implemented these grants.

Elizabeth Schutter
Ruth Mardell
Michell Ruchinski
Joan Rivitz
Judtih Fields
Theodosia Husband
Bel Martin
Leslie Bakkila
Marsha McGill
Cathleen Grieshop
Linda Pagel
Patsy Bannon
Marilyn Wilk
Marlene Lucci
Lee Sattelmeyer
Nancy Tuttle
James Henry
Susan Alig
Kevin Wagner
Amy Arnson-Cahn
Karen D. Smith
Carolyn Booker

Editor's note: The Editorial Board of the *Shakerite* wishes to clear up some of the misunderstandings obviously caused by the Feb. Rite Idea. Our wording was remiss when we stated that Lomond is not the largest elementary school in Shaker. We are now aware of and regret the error. We also wish, however, to maintain that our objective for the article was to express our opinion that district funds could be well-spent on teachers instead of new administrators. We would like to stress that our intention was not to insult Lomond School or anyone else mentioned in the article in any way, and we regret any misunderstandings caused by the article.

Feminism key to rights for women, not male-bashing

BY VANYA GREEN

Co-Arts and Entertainment Editor

Shakerite artwork by Wee Sing Ng

Some anti-feminists would like people to believe that women have equal status in American society.

However, as Susan Faludi asks in *Backlash*, "If American women are so equal, why do they represent two-thirds of all poor adults?... Why does the average working woman's salary still lag as far behind the average man's as it did 20 years ago? Why does the average female college graduate today earn less than a man with no more than a high school diploma (just as she did in the fifties) Why do American women, in fact, face the worst gender-based pay gap in the developed world?"

The answer to each of Faludi's questions is sexism; sexism – plain and simple; sexism – ugly and ignorant.

In a country where economic concerns and financial success are both the primary forces that drive the society and the main glue that keep it together, these economic disparities are large enough of an issue on their own. But if only sexism were to stop there...

Instead sexism means that women can be dehumanized and debased in both the idle banter of teenage boys and "innocent" jokings of American men in their offices and locker rooms.

It means women can be villified and made into objects as "sluts," "harlots," or "bitches" in mainstream media and T.V. It means that the number one reason women report to America's emergency rooms is as a result of abuse from "lovers" and husbands. It means that women are as likely to be the victim of rape in their lifetime as they are to graduate from college – that's 25 percent (Department of Justice and U.S. census).

Feminism is a powerful force to combat sexism and gender inequality. It is not concerned with whining or male bashing, it is about empowerment.

Now many men claim that they are the victims and that feminists are infringing upon their rights. Women empowering themselves and gaining respect scares many men. They would like to attribute our assertiveness to PMS or "bitchiness."

This is just another method to keep women in their place. Well, we are not satisfied with our place in society and deserve respect. I have just as much respect for a woman who takes care of her family as I do for a careerwoman. All I ask is that women have the opportunity to choose how they want to lead their lives without pressure to be a housewife. As feminists, most of us do not associate ourselves with the radical women who want domination. What we want is repect.

How many male students at this school have to put up with female peers coming up to them, looking them up and down and saying with a laugh, "I want a piece of that!"? I am sick of it. I am sick of men chuckling as I clean up and saying, "You're doing that woman's work well." It wouldn't be quite as bad if the joke stopped there. The problem is, these sexist jokes translate into sexist ideologies.

In *The Language of Rape*, Helen Benedict says, "There are 220 words for a sexually promiscuous woman and only 20 for an equally promiscuous man. [We have a] vocabulary that portrays women as subhuman, or childlike temptresses, and that perpetuates the idea of women as legitimate sexual prey.... a vocabulary used to describe rape itself as an act of pleasure, or of comedy, rather than of violence."

Comedy? It was not funny when members of the Spur Posse in California raped women and counted points for the number of women with whom they performed sexual acts. Some of their fathers were proud of their sons' sexual prowess, and one even said of the boys, "Aren't they virile specimens?"

As was said in the Oct. 25, 1993, Newsweek, "Boys are still being brought up to believe it's the height of cool to score—as if ejaculation were a notable achievement for an adolescent male. It is a weird world when 'nice' boys in a 'nice' community...rape a mentally handicapped girl with a broomstick handle and a plastic bat, and try to claim it was consensual."

When most victims of rape and assault are not attacked by strangers on the street, and 80 percent are raped by acquaintances, there is clearly a problem in the way this society perceives women. We cannot go on like this.

The difference between feminists and anti-feminists is that feminists do not ask you to watch. Even though we all need to be looking out for our fronts, backs, sides **and middles, what feminism asks you to do is act. The current situation is not acceptable.**

FEMINISM: *Is the Battle of the Sexes raging out of control?*

Ultra-feminists use struggle for equal rights to undermine males

BY JONATHAN HARRIS

Co-Centerpiece Editor

You're ready.

She's ready.

You make the move...

STOP! If you're a student at Antioch College, you cannot simply live this moment of unbridled passion. First you need verbal consent (example: "Can I kiss you?" "Yes, you may kiss me") from the girl before you can even touch her! You may laugh at this, as I do, but it is true. This is one of the many marks ultra-feminism has planted on today's society.

Don't get me wrong here. I think that women trying to better their already comfortable situation is great. I don't hate feminists; I just question their goals. However, some feminists have taken the whole thing a bit too far.

What are they trying to do?

Right now I view the ultra-feminist agenda as a screw-men-let's-slap-them-with-a-sexual-harassment-charge-if-they-look-at-us type deal. I view the feminist as someone who has got a constant chip on her shoulder, ready to blow with the slightest slip of the tongue. I imagine her hating anyone who doesn't agree with her, especially other women.

The latter bothers me most. I respect a woman who devotes her life to nurturing the next generation much more than one that protests some overplayed feminist issue. But many women think the mother portrays the barefoot-and-pregnant housewife of the fifties. There is also a misconception of the mother among feminists. Consider the following true story.

Two women were talking, and one of the women's professions became the topic.

"I have a home for eight wayward children," said Woman 1.

"Oh, that is so great. You should be so proud," Woman 2 said. "What's the address of the home?"

Woman 1 proceeded to give the address.

"But that's the same address of your house!" said Woman 2.

"Yes, you are right," said Woman 1.

> “
>
> ***Right now I view the ultra-feminist agenda as a screw-men-let's-slap-them-with-a-sexual-harassment-charge-if-they-look-at-us type deal.***

This just shows that full-time mothers need to lie about their position to be respected by other women. To tell a feminist straight up that she is a full-time mother would be a serious mistake.

Then there is the whole sexual harassment thing that has been blown way out of proportion. Now, don't get me wrong, I know it is a big problem, and I support the movement to stop it. However, ultra-feminists are re-defining the words. Read this: sexual harassment. What do you think of? I think of fondling, obscene advances and other horrible, grotesque things. A spokesman for a feminist organization, when asked to define the words, stated everything I just did, but she included some vague points.

"[Sexual harassment] could be touching, patting, suggestive remarks, staring," she said.

Really though, what kind of stare? What look? Feminists have twisted the meaning of sexual harassment to something it is not. Yo feminists! Concentrate on more serious types of harassment, not the piddly little stares or grins that probably mean nothing.

An example of this foolishness is a story I read that a college professor was teaching in a classroom in which there was a fine piece of art that happened to be of a nude woman. She said she could not teach in the room because this masterpiece was "sexually harassing" her. Please.

Feminists still seem to think that all the problems in the world are men's fault and refuse to believe they are actually being treated fairly in today's world. It seems like they are out to stomp us for some reason. Maybe it is because a miniscule amount of companies led by chauvinist jerks didn't hire a woman last year. What about Oprah Winfrey's production company that hires only women, no ifs, ands or buts? I bet that's fabulous, right?

Well, now that everyone's twisting my words around to say I'm a sexist pig because I don't agree with feminists, I will tell them one simple thing: grow up. Go after a goal. Don't complain because a man looked at you. I want to be able to support your cause, but I still need reasons. To guys: last issue I told you to watch your front. Keep doing that. Now, watch your backs, too. The feminists are out to get us. Don't ask me why...

A second look: John Candy's films outlive his short life

On March 4, 1994 comedian/actor John Candy died of a heart attack while on location in Durango, Mexico. He was 43 years old. He will be best known for his role on SCTV (Second City Television), a comedy sketch show which ran from 1977-1983. His repertoire of films includes:

The Blues Brothers (1980)
National Lampoon's Vacation (1983)
Splash (1984)
Brewster's Millions (1985)
Armed and Dangerous (1986)
Planes, Trains and Automobiles (1987)
The Great Outdoors (1988)
Uncle Buck (1989)
Cool Runnings (1993)

Common culture breeds integration

BY JOSHUA GOODMAN
Staff Reporter

COMMENTARY

Society is hardly integrated.

Twenty-six years ago this month, the Kerner Commission issued its report about the future of race relations in the United States. Its conclusions were undeniably harsh. "America is moving towards two societies, one black, one white—separate and unequal," the commission reported

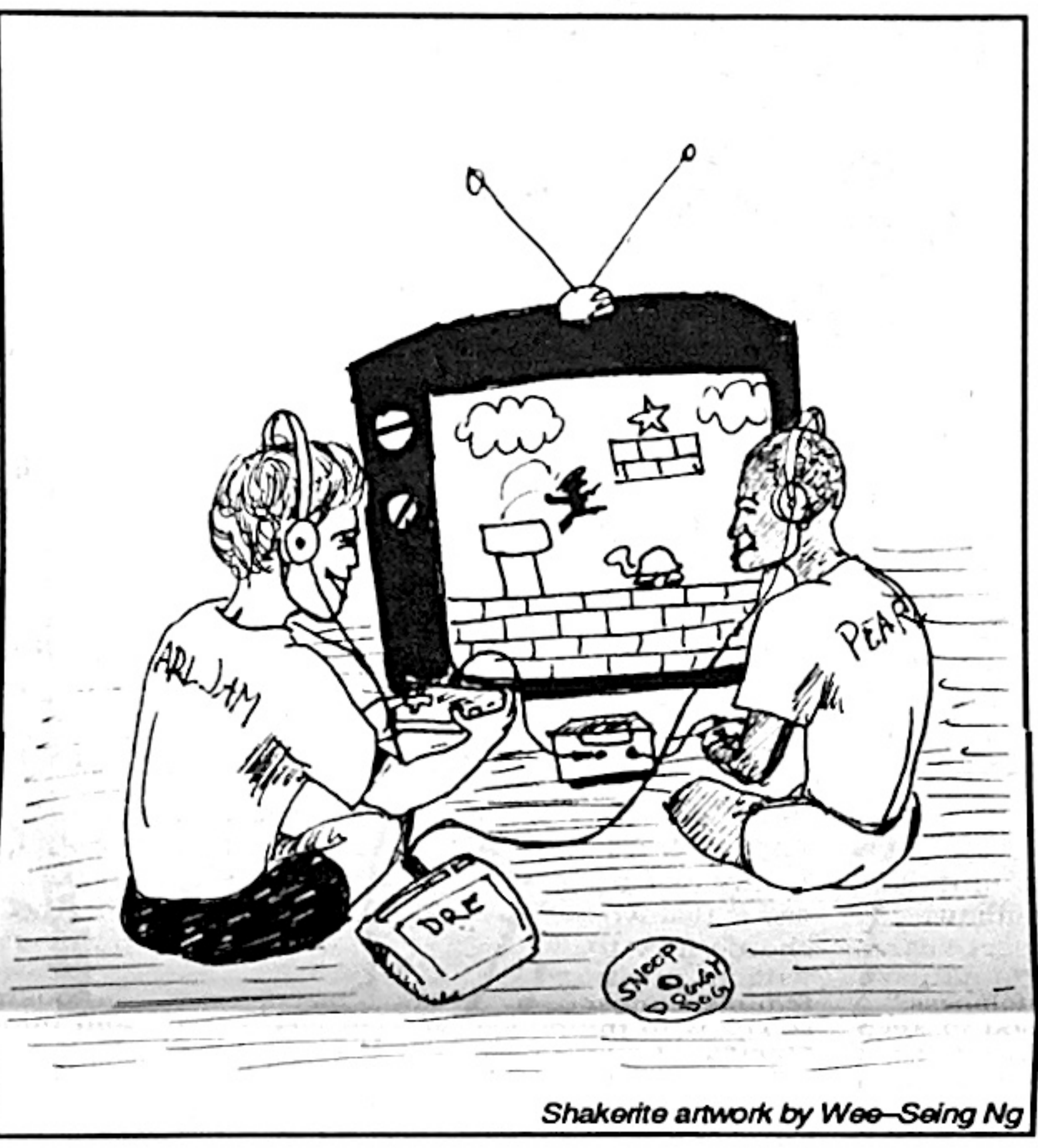
To deny the accuracy of the commission's findings would be unfair. However, all hope of integrating society is not lost. And the source of this can be found in the most unlikely of places—television.

America's youth are becoming an increasingly passive and inactive generation. Watching television, playing Nintendo, listening to music and going to the movies are rapidly becoming the activities of choice for young people. In 1960, the average daily TV viewing time was about five hours. Today, it is estimated that over seven hours of a person's time is spent sitting in front of the tube. Our generation is the first to be raised on MTV, not Sesame Street.

Amidst the disturbing trends, some redeeming value can be found. Now, more than ever before, black and white kids are sharing a common culture. While society remains politically and economically stratified, today's youth is sharing a common cultural sphere.

I do not mean to say that we have reached the level of integration which Dr. Martin Luther King, Jr. envisioned. However, if you look closely enough, you will see that the light at the end of the tunnel has not yet been extinguished.

The Civil Rights movement of the 1960s made it possible for artists like Janet Jackson, Eddie Murphy and even Snoop Doggy Dogg to reach national prominence. Prior to that, black artists had only the option of engaging in self-degrading, buffoon-like activities in order to be recieved by white audiences. This perhaps resulted in popularity, but it also caused a lack of respect.



Shakerite artwork by Wee-Seing Ng

Today, both white kids and black kids listen to rap and hip-hop music. Blacks have become more and more influential in shaping popular culture. Cornel West of Princeton University calls this the Afro-Americanization of today's white youth. Walk the halls of this high school or any other urban/suburban school, and you will see kids walking, talking, moving, rapping and imitating the black role models they see in professional sports, music and television. Both black and white kids are wearing hemp shirts and dressing in the fashion of their black role models. The irony of this situation is that the culture which has contributed to greater integration has also been blamed for the often violent and "immoral" behavior it generates.

Too often, we dwell on our differences. In music, movies and sports, blacks share a common cultural identity with their white peers. When black and white kids listen to the same music, watch the same movies and praise the same athletes, the result is a shared cultural sphere which can lead to greater inter-personal relationships, interaction and integration.

In a multi-cultural society, this type of interaction will continue to be a source of unity. Asian Americans, Native Americans and Hispanic Americans all can contribute to shaping popular culture. Sharing a common ideology is not enough. The sooner we begin to relate to one another socially, the quicker we will be able to appropriately address society's injustices.

Philadelphia soundtrack delivers

BY KARSTEN TIEMANN
Staff Reporter

If, like me, you have not seen the movie *Philadelphia*, then after listening to the soundtrack, you may want to go to the next theater and watch it.

All 10 songs on this 41 minute album are great in their own way. The tracks are sentimental and there is no rap, grunge or really fast music.

■ It starts with a very quiet song by Bruce Springsteen called "Streets of *Philadelphia*." It is a slow song, but you can hear that it is "The Boss" himself.

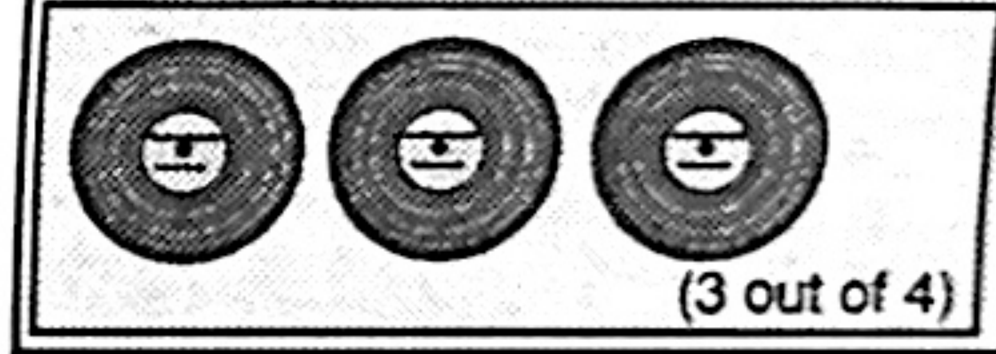
■ The second track is my favorite one on this album. Peter Gabriel's "Lovetown" is one of his best songs ever. It is even better than "Sledgehammer" or "Steam." It is a slow song with a great atmosphere dominated by Peter Gabriel's incredible voice.

■ "It's in Your Eyes" sung by Pauletta Washington, is the third track, and the direction of this is kind of pop-ballad. The only disappointment is RAM (not REM) with "Ibo Lelle." This song is a little bit strange and I did not really enjoy it.

■ The band with the funny name, "Indigo Girls," sings the song "I Don't Wanna Talk About It." This is a good pop-ballad with a beautiful female chorus.

■ One special feature of the CD is the classic track of Maria Callas. "La Mamma Morte" is a aria with violins and a lot of a capella parts. I think that people who usually do not like this kind of music will like this song because of its beautiful sound.

Now that I have listened to the album, I think I'll see the movie.


(3 out of 4)

And the winner is: *Schindler's List* tops Academy Award nominations with twelve

This is a partial listing of the nominees for the 66th Annual Academy Awards. They will be broadcast on Monday, March 21 at 8 p.m. on ABC.

Best Picture
The Fugitive
In the Name of the Father
The Piano
The Remains of the Day
Schindler's List

Best Actor
Daniel Day-Lewis, *In the Name of the Father*
Laurence Fishburne, *What's Love Got to Do With It*
Tom Hanks, *Philadelphia*
Anthony Hopkins, *The Remains of the Day*
Liam Neeson, *Schindler's List*

Best Actress
Angela Basset, *What's Love Got to Do With It*
Stockard Channing, *Six Degrees of Separation*
Holly Hunter, *The Piano*
Emma Thompson, *The Remains of the Day*
Debra Winger, *Shadowlands*

Best Supporting Actor
Leonardo DiCaprio, *What's Eating Gilbert Grape*
Ralph Fiennes, *Schindler's List*
Tommy Lee Jones, *The Fugitive*
John Malkovich, *In the Line of Fire*
Pete Postlethwaite, *In the Name of the Father*

Best Supporting Actress
Holly Hunter, *The Firm*
Anna Paquin, *The Piano*
Rosie Perez, *Fearless*
Winona Ryder, *The Age of Innocence*
Emma Thompson, *In the Name of the Father*

Best Director
Jim Sheridan, *In the Name of the Father*
Jane Campion, *The Piano*
James Ivory, *The Remains of the Day*
Steven Spielberg, *Schindler's List*
Robert Altman, *Short Cuts*

Best Foreign Film
Belle Epoque, Spain
Farewell My Concubine, Hong Kong
Hedd Wyn, Great Britain
The Scent of Green Papaya, Vietnam
The Wedding Banquet, Taiwan

Best Cinematography
Farewell My Concubine
The Fugitive
The Piano
Schindler's List
Searching For Bobby Fischer

Best Musical Original Score
Elmer Bernstein, *The Age of Innocence*
Dave Grusin, *The Firm*
James Howard, *The Fugitive*
Richard Robbins, *The Remains of the Day*
John Williams, *Schindler's List*

Best Music Original Song
"Again," *Poetic Justice*
"The Day I Fall in Love," *Beethoven's 2nd*
"Philadelphia," *Philadelphia*
"Streets of Philadelphia," *Philadelphia*
"A Wink and a Smile," *Sleepless in Seattle*

Best Visual Effects
Cliffhanger
Jurassic Park
The Nightmare Before Christmas

Best Makeup
Mrs. Doubtfire
Philadelphia
Schindler's List

Best Sound Effects Editing
Cliffhanger
The Fugitive
Jurassic Park

The following award winners (and categories) were unfortunately neglected by the Academy. Their efforts, however, did not go unnoticed by the *Shakerite* staff.

Lifetime Achievement Award
Ernest (Hey Vern!)

Best Childhood Actor Who Can't Seem to Make a Comeback
Michael J. Fox

Worst Basketball Player Turned Actor
Shaquille O'Neal (stick to basketball Shaq)

Best Candidate to Star in *Hand That Rocks the Cradle II*
Tonya Harding (Sorry Shannon Doherty)

Source: The New York Times
Compiled by Joshua Goodman and Vanya Green

Faculty encourages spirit with activities

BY JULIE GALLAGHER
Staff Reporter

The crowd roars and jumps to its feet, the band blares out the fight song and the cheerleaders swish their pom-poms and chant words of encouragement. This is school spirit.

However, in Shaker's case, achieving school spirit seems to take more, and administrators and parents are attempting to unite the high school more closely and to develop a better sense of school spirit.

School pride exists, according to Principal A. Jack Rumbaugh, but the problem is that only the stadium can accommodate the entire student body.

"Because this was originally a school for grades 10- 12, we've now lost the ability to get together all at once," Rumbaugh said.

> *When you leave high school, a door is closed. You can't go back. Wouldn't you like to remember dances and activities like that?"*
>
> *–Katherine West, PTO*

Katherine West, a parent, who along with Carol Bell organized three PTO-sponsored dances this year, also stressed the importance of students being together.

"Events like these dances make students feel like an entity," West said.

West added that students do not have enough social opportunities to be together and this is what the dances provide.

"They need a place large enough to accommodate them all in a social setting," said West.

Rumbaugh also mentioned other events which have generated school spirit, including this year's pep rallies. He cited the involvement of the students in planning the rallies as a step in the right direction.

"The biggest flaw we have is not always involving the students," Rumbaugh said.

Both Rumbaugh and West want to continue building school spirit. Rumbaugh cited last Thursday's recognition assembly, like the one held in the fall honoring students' acievements in sports and activities.

Rumbaugh also wants to have the school raise money to donate to charity. The amount raised would be matched by a family or individual.

"Something like this brings students together, like the [WJMO] Jammin' 92 food drive did," Rumbaugh said.

West's goal for next year is to have four dances, and her eventual goal is to hold one per month.

"[Dances] give the students something to look forward to, and it makes them see school as a place where they can also have fun," West said.

West also said that students should enjoy their four years and become as much a part of the school as they can.

"When you leave high school, a door is closed. You can't go back. Wouldn't you like to remember dances and activities like that?" West said.

Shakerite artwork by Wee Seing Ng

Hear No Spirit
See No Spirit
Speak No Spirit

Go Team!

Area schools shower teams with spirit, Shaker comes up dry

BY DEBBIE LIBMAN
Staff Reporter

COMMENTARY

"Hey, Shaker!"
Silence.
"Hey, Shaker!"
More silence.
"Shake your booty!"
"No way!"
"Shake your booty!"
"No way!"

That last line may not look right, but based on the spirit that Shaker has, it seems pretty accurate.

"There is no school spirit," sophomore cheerleader Emily Joseph said. "Cheerleaders try to get the crowd involved and every so often [the crowd] will get involved, when they're (at the games or pep rallies)."

On the other hand, at the upper school of Hawken, the crowd did not need cheerleaders last year when its football team was in the semifinals, according to Hawken sophomore Lauren Dubick.

"Even though it was freezing and raining, a lot of fans came anyhow," Dubick said.

Because private schools like Hawken sometimes have difficulty boosting school spirit due to their low populations, Hathaway Brown junior Judy Zamore said that her school does have a spirit week and a pep rally.

"I don't think people are very spirited, but we're quick to defend our school," Zamore said.

Shaker spirit may seem low to the average spectator, particularly in comparison to the 60's, according to Robert Dery of the Class of 1961.

A Shaker cheerleader himself, Dery said that both girls and boys had a great deal of spirit, and there was even a pep squad called the Shaker Peppers. Dery said he believes that Shaker students have less spirit today because they think spirit is not "cool". In the 60's, students showed up at games regardless of the teams' records.

"There's not a big sense of community [at Shaker]," social studies teacher Jerry Graham said. "That's an integral part of going to school."

Citing last year's low attendance at the hockey state championships as an example, Graham said that over the years, he has seen a decline in the support of athletic teams.

Dery's son Todd, a senior basketball player at Orange High School, said that the fans at his school contrast those of Shaker years ago. Aside from the spirited sophomore class, Todd said that Orange students are fair-weather fans.

Orange, however, does make attempts at boosting school spirit, according to Todd. Each year they have a spirit week that includes thematic events, such as "hat day".

Kira Bonn, a sophomore at Orange who considers herself spirited, said that she often attends football games. Bonn said that Orange has the best turnout at football and basketball games and has two pep rallies for each of these sports on game days.

At University School, sophomore Jonathan Katz said that students want the teams to win and often go to football and basketball games.

Beachwood has a lot of pride in its teams and its school in general, according to sophomore Brian Block. An example of the school's attempt to boost spirit is the annual Spirit Week in which classes compete against one another in various events.

At Cleveland Heights High School, the school spirit is generally high because of the success of the sports teams, according to Heights junior Danielle Saginor.

"A lot of people don't have a good image of [Heights]," junior Brian Fink said. "But people at the school realize that the school is better than the media says."

Spirit at this high school has increased this year as compared to last year, according to sophomore Alex Hamilton.

"As long as I've been at Shaker there hasn't really been that much spirit, but it seems to me that this year there have been more pep rallies and at the pep rallies the people have had more spirit," Hamilton said.

How much spirit Shaker is capable of still remains to be seen. Maybe it *is* possible to have all the high school students shaking their booties.

"We don't have any [school spirit]. We don't. You can't force people to go to games and do school activities."

– Senior Greg Guice

"At times, it has been depressing how school spirit is lacking in Shaker. It would be nice to see that people care. Everybody is capable of criticizing Shaker, but we forget that it has its good points too. Students need to remember that as well."

–Senior Beth Freeborn

"There's no spirit at Shaker. There should be more encouragement for students to go to games and cheer their classmates on."

–Sophomore Andy Deuel

"If everyone had more respect for the school, spirit would increase greatly. So many people [say] they hate everything. This is one of the best schools; if people took advantage of that, spirit would increase."

–Senior Ameer Gray

Shakerite photos by W. Michael Fleming and Courtney Masini

We built this city on Rock & Roll: They might not be very famous, but local bands show promise

BY MILES BERGER
Staff Reporter

What a bummer, you did not get those Pearl Jam tickets you wanted. However, there are plenty of great local bands that you can see almost every Friday and Saturday night. Although none of these local bands are as popular or as well known as Pearl Jam, many have a dedicated local following.

DINK

Dink is one of the premier local bands. They have such a strong following that they routinely sell out shows at the larger nightclubs in town.

Their work sounds like a mix of almost all genres of music, with an emphasis on funk, psychedelic and metal accompanied by rap-flavored lyrics.

"We [band members] all listen to different types of music, but it all comes together when we play," Dink singer/guitarist Rob Leightbody said.

Dink's music is often described as rock with a dance beat, and sounds more like Rage Against the Machine than any other group. However, to call the two groups similar would still be a stretch.

Although Dink's lineup includes two guitarists, one bass player, one drummer and one singer, the band also heavily depends on synthesizers and sound effects machines. Coupled with a psychedelic light show, Dink's live performance can only be described as incredible.

Similar Band: Indian Rope Burn.

MAN BEHIND THE CURTAIN (MBC)

This five-man band has recently been thrust to the forefront of the local music scene. Despite the fact that MBC just formed a few months ago and has only performed six concerts, their first single *"Here Comes a Jet Plane," made it onto regular rotation on WENZ-FM/107.9.*

MBC is a traditional rock band with a sound similar to the Beatles, with a little more kick. However, their songs sound like old hits from the 80's.

This lack of originality results in mediocre live performances that fail to get crowds excited.

FIRST LIGHT

First Light is like the godfather of the local music scene. First Light formed in 1984, and their first album, Reggae Meltdown, sold over 12,000 copies. The band plays about 200 concerts a year, opening for bands such as Living Colour, Meat Loaf and The Clash. First Light is the top drawing musical act on the Northeast Ohio circuit.

Shakerite artwork by Esther Rosenfeld

First Light's popularity can be attributed to the band's diverse music. Although they are often simply called a reggae band, the band combines blues,reggae, rock, rap, funk, rhythm and blues, and many other types of music. The band has been successful because its music appeals to a diverse group.

"Even metalheads who wouldn't be caught dead at a reggae concert have said they really like us," drummer Rod Reisman said.

Similar Band: Earth Force.

ODD GIRL OUT

This band has been performing for several years and has a devoted following. The band performs about seven concerts a month, often playing the same clubs each month.

Despite the rise of alternative music, Odd Girl Out has stayed true to its roots and still plays acoustic folk music with a hint of light rock. Odd Girl Out sounds much like 10,000 Maniacs did, featuring the same type of folk/rock melodies. Odd Girl Out vocalist Anne DeChant has the same type of passionate voice as former 10,000 Maniacs singer Natalie Merchant. Also, the band sounds like R.E.M. with acoustic guitar driven melodies that give their songs an ethereal beauty. This is a band whose power comes from the beauty of their song writing, not their excessively loud guitar amplifiers.

Similar bands: World in a Room, The Waynes.

SLACK JAW

This alternative-rock group is becoming one of the most popular local bands. Despite the fact that Slack Jaw formed in 1991, their song "I Could Crack Anytime," is on rotation on WENZ/FM 107.9. In 1993, Slack Jaw showcased at Undercurrents, a music conference designed to get local bands signed with record companies. In addition , they won the Cleveland finals of the Yamaha/Ticketmaster Soundcheck Music Showcase last year.

Slack Jaw owes part of its popularity to its members diverse tastes.

"We run the gamut from the Rolling Stones and the Beatles to the Who and Nirvana," drummer/vocalist John Koury said.

Slack Jaw's music is most similar to that of alternative groups like the Gin Blossoms.

The recent success of local bands is not only due to the quality of their music. Newspapers like *Scene* and radio stations like WENZ/FM 107.9 have done a great deal to make the local music scene what it is today.

"[The local music scene] has always been there, but [the recent popularity of local music] has a lot to do with 'The End'," Koury said.

Similar bands: Godsends, Outcasts.

■ Check The Grapevine for concert list-

THE GRAPEVINE

BY MILES BERGER AND VANYA GREEN
Staff Reporter and Co-Arts and Entertainment Editor

Are you interested in going to listen to some local bands, but you are not sure where they play? Here is a partial listing of local bands playing in the area soon.

Phantasy Niteclub
11802 Detroit Ave.

■ Odd Girl Out	March 25
■ Ekoostik Hookah	March 18
■Dink, Coterpin Culture	March 18

Peabody's Cafe
2140 S. Taylor Rd.

■ Odd Girl Out	April 1

Agora Theater
5000 Euclid Ave.

■ Ramona	March 28
■ Crowded House	April 2
■ NKOTB	April 14
■ Prisonshake	April 15
■ Psychedelic Festival	March 26

Odeon
1295 Old River Rd.

■ Iggy Pop	March 21
■ Trapeze	March 24
■MBC, Screwtractors	March 25
■ *Dink, , Flint Rubble*	*March 26*

No Grapevine would ever be complete without a listing of other area events. Who would want to miss **Shari Lewis** with her puppet **Lambchop** at the Palace Theatre on April 24? Maybe if you are lucky Barney the dinosaur will co-host the event.

Peter Paul and Mary are also playing at the Palace Theatre on April 30 at 7:30 p.m. And, legendary jazz musician **B.B. King** will be there along with **Bobby "Blue" Band, The Original Manhattans, Gerald Alston** and **Blue Lovett** on April 3 at 7:30 p.m.

Struggle to make Women's History Month celebrated in Cleveland with several area events

BY RACHEL ZINN
Staff Reporter

National Women's History Month is celebrated annually in March, and for students who wish to join the festivities, there are some activities happening in our community.

■ Mather Mansion on the Cleveland State University campus will host two events. A discussion of women's development will be held at 10 a.m. on Sat., March 26, and CSU women who "made a difference" will be recognized on Thur., April 7 at 4 p.m.

■ Cleveland Convention Center is the location of "TV 8's Women's Exposition" on March 25, 26 and 27.

All of these events are part of a history that began on March 8, 1857, when a group of women textile workers protested their wages and working conditions. According to the Handbook of American Women's History, their demonstration was brutally broken up by police. However, the women went on to form their own union in March of 1860.

On March 8, 1908, another group of women demonstrated for child labor laws and women's suffrage.

In 1910, Clara Zetkin, a German labor leader, suggested that an International Women's Day be held on March 8 in honor of these protests. This day was annually celebrated all over the world in socialist countries from that time onward.

Many women's groups helped to promote the holiday in this country, and in 1981, Congress passed a proclamation that designated the week surrounding March 8 as National Women's History Week. Since then, March has come to be known as National Women's History Month.

As Women's History Month draws to a close, go out and support our community's attempt to make Women's History Month an important event in Cleveland.

■ For more information about events in Cleveland, contact the Womenspace Helpline at 696-3100.

Students set stage in New Stages

BY RACHEL ZINN
Staff Reporter

New Stages XII, a drama program produced, directed, and acted by students was performed on March 17, 18 and 19 in the Stage Three Theater.

This year's show consisted of four plays. "Assorted Cuts of Meat" was written by alumnus David Wain, who is presently a writer, director and actor for the MTV comedy show, "The State." "Hubris" was written by alumnus Carter Bays and "Lost in a Puddle" was written by junior Emily Cole-Kelly. "The Pageant" was written by seniors Sarah Kleinman and Megan Moodie, and junior Joel Rathbone.

"It [New Stages] is different because kids get to do it their own way. There's more freedom," Adam Henry, one of the publicity chairs said.

Along with this freedom comes a lot of responsibility, Shaker Theatre faculty member and New Stages Production assistant Kelly Myers said.

"The students get a chance to see the energy and discipline it takes to mount a show," she said.

According to Production Adviser James Thornton, New Stages was started as a way to perform student plays written in the playwriting class. However, it has become something much more, he said.

"It [New Stages] has evolved into a major teaching vehicle for direction, technical design, management, execution, production, performance and criticism," Thornton said.

Along with the particulars of producing a theatrical production, Thornton said that New Stages helps students learn cooperation. John Randolph, an alumnus who participated in Shaker Theatre as a student, agrees with Thornton.

"Perhaps this spirit of cooperation is the most valuable gift our production has to offer," Randolph said.

According to Assistant Production Manager Mwende Munyasya, the small size of Stage Three, where New Stages was performed, is advantageous.

"[Stage Three] brings the audience closer to the cast, " she said.

WIN IT! Looking for the perfect prom outfit? Enter the Perfect Prom Look Contest!

We are also looking for that perfect outfit for our next issue. *Shakerite's* fashion columnist, Donald Hill, will escort two winners, one male and one female, to the hottest shops around town to find the prom outfits of their dreams. Sorry, we can not buy the clothes for you, but the winners, and their pictures will be featured in the next The Look, modeling their favorite outfit and telling about their experience. To enter write why you should be picked to go hunting with us for the perfect prom outfit in 100 words or less. Deliver all entries to *Shakerite* office, room 229.

Time in a bottle

Recovering alcoholics and family cope with a world trapped under the influence of alcohol

Student escapes bottle, struggles to remain sober

BY RYAN GOHMANN
Staff Reporter

He sits at home on the weekend, desperately searching for something to do, something to stop his boredom. He searches, because when his boredom gets out of hand, he starts to drink again.

Roger*, a high school student, has become an alcoholic in the past year, and his main motive for drinking is acceptance from his friends. Roger gave two reasons that the problem surfaced; his friends all drank and there was nothing better to do in his free time.

"It is really easy to get beer [in Shaker], because the store owners don't ask for any type of identification," Roger said.

Roger said he realized that he was an alcoholic when he started to drink during the day at school, he said. His friends tried to warn him about the trouble that he could be getting himself into, but no one actually tried to stop him. He has recognized his problem and has started to make advances in his recovery.

"I haven't tried any self-help programs or checked into any hospitals, but I think that I will start going to Alcoholics Anonymous *now that I'm driving more often," he said.*

While he doesn't look for support from his friends, he also cannot count on his parents for help.

"My parents don't know that I am an alcoholic, but if they did, I don't think that they would care," he said.

Since he does not go to support groups, Roger finds his own ways to try to keep thoughts of drinking from entering his mind. He said that he tries to stay active on the weekend so that he can resist the urge to drink, and he tries to be socially active so he does not have time to get drunk.

The idea of being an alcoholic scares Roger, and he has matured through the problems that he has faced, he said.

"Alcoholism is very frightening because it makes you do things that you would rather not do. It hurts your self-image and makes you emotionally unstable," Roger said. "I'm really sorry, because my friends think that [alcoholism] is a joke, but I don't. In order to stay away from this problem, all that you have to do is never start. You find yourself craving it, and you can't live without it. It's just not worth it."

Roger's problem with alcohol has produced some of the worst events of his life, he said. There have been times where he was badly hurt physically while under the influence of alcohol. He has also been hurt mentally by some of his actions while he was intoxicated, he said.

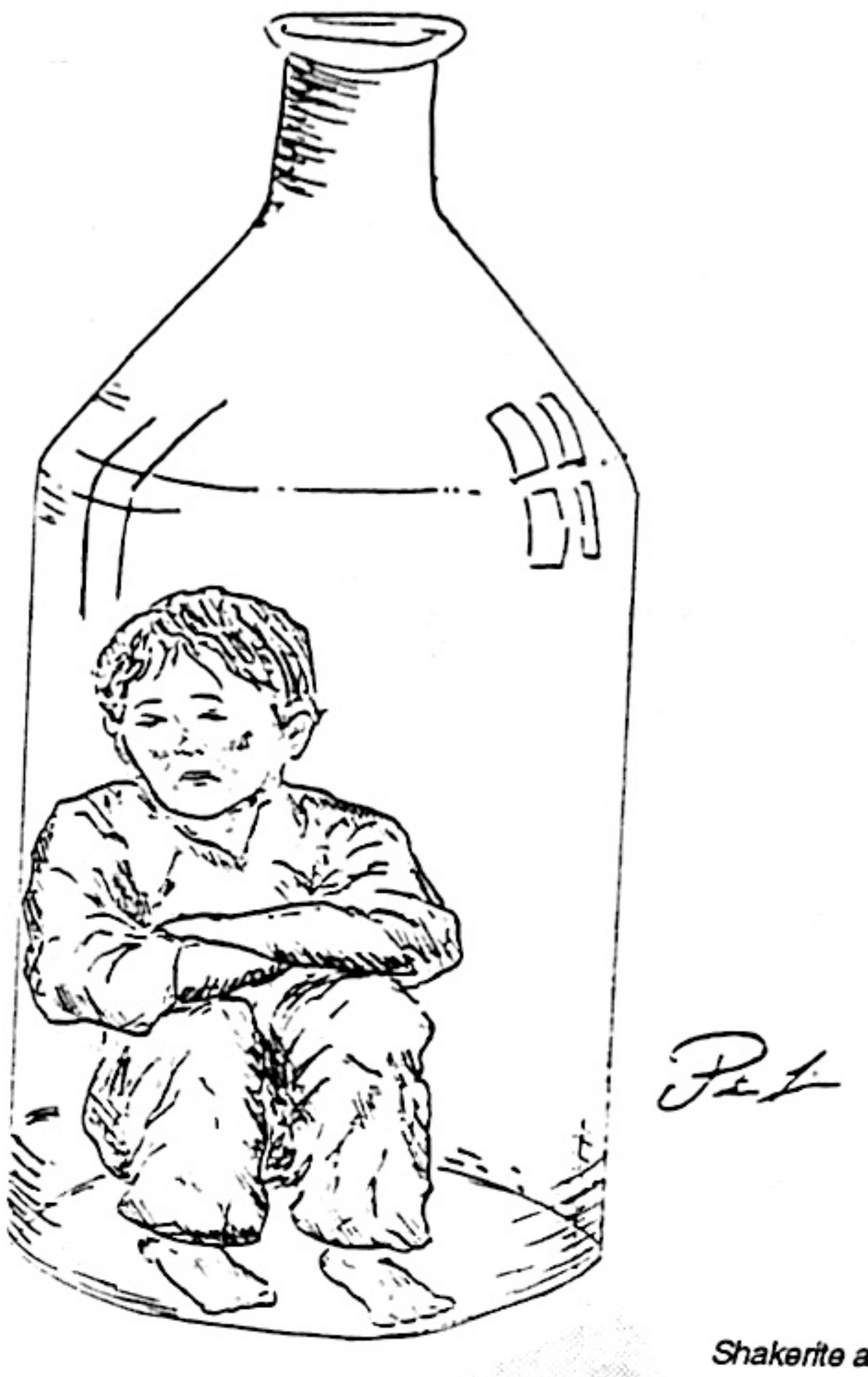
"The worst experience of my life was when I got really drunk one night. I threw up four times and my parents caught me. I started swearing at them, and then I started beating up on my brother. That was definitely my worst moment," he said.

Recently, Roger has made great strides in beating his problem.

"I have been sober for three weeks, and I think I have a good chance to stay that way because spring sports are coming up, and they will help me to keep my mind off of it," he said.

So now Roger sits at home, still taking his days one at a time, still looking for diversion from his problem, and still sober.

**Names have been changed to protect the student's identity.*



Shakerite artwork by Peter Lim

Groups use stepping stones

The following are Al-Anon, Al-Ateen and Alcoholics' Anonymous' 12 steps:

▼ One admits that he is powerless over alcohol, and his life is unmanageable.

▼ One comes to believe that a power greater than himself can restore his sanity.

▼ One makes the decision to turn over his will and his life to the care of God as he understands Him.

▼ One makes a fearless moral inventory of himself.

▼ One admits to God and another human being the exact nature of his wrongs.

▼ One is entirely ready to have God remove all defects of his character.

▼ One humbly asks God to remove his shortcomings.

▼ One makes a list of all persons harmed and becomes willing to make amends to all.

▼ One makes direct amends to such people whenever possible, except when doing so would injure himself or others.

▼ One continues to take a personal inventory, and when he is wrong, he admits it.

▼ One seeks through prayer and meditation to improve contact with God as he understands Him. One prays only for knowledge of His will for oneself and the power to carry that out.

▼ Having had a spiritual awakening as a result of these 12 steps, one has tried to carry on this message to alcoholics and to practice these principles in all his affairs.

Alcoholics Anonymous– 241-7387
Al-Ateen–321-5580

Twelve steps compiled by Ryan Gohmann
Source: member of Al-Anon

Coping: Al-Ateen, Al-Anon give support to family, friends of those who face the harsh realities of alcoholism

BY RYAN GOHMANN
Staff Reporter

"God grant me the serenity to accept the things I cannot change, the courage to change the things I can and the wisdom to know the difference."

Spouses and friends of alcoholics say this little prayer every time they pull together for Al-Anon and its teen counterpart Al-Ateen.

These two groups give support and understanding to children and adults who live with or are close to alcoholics by providing a forum where members talk about their problems and offer each other solutions Al-Anon member Helen*. They also provide an opportunity to help each other understand that they did not cause the alcoholism, are not able to cure it and also are not able to control the problem.

Alcoholism can affect the child as well as the child's dependent parent, according to the *Light*, a San Antonio newspaper. There are 29 million people in the United States that have a chemically dependent parent, according to *The Washington Times*.

"Children of alcoholics show a strong disposition toward having psychiatric symptoms as adults, as well as a moderately significant pattern of marital trouble," Shelley Greenfield, a psychologist at Maclean Hospital said.

Jack* is one of the millions who is learning to cope with having an alcoholic parent.

"It is very hard to grow up with an alcoholic parent, because your sense of trust for the person wears away when they insist that they do not have a problem," Jack said. "Sometimes you even feel like it is your fault that your father and mother are doing what they are doing."

Alateen utilizes a 12-step method similar to that of Alcoholics Anonymous to help its members like Jack cope with alcoholic parents. The members of the groups also use one-day-at-a-time calendars which have daily prayers and meditations.

Adults find similar guidance in the Al-Anon program. It is a helpful way to vent emotions and be guided by others, according to Helen.

"[Al-Anon] helps me to live one day at a time, to help put myself first and to rely on a power greater than myself which I choose to call God," Helen said.

However, the programs connection to a higher power has come under fire by many people, and is even considered insulting by recovering alcoholic Jim*.

"I think that the 12-step programs are offensive to those who don't believe in God and that they are just an effort to convert people to Christianity," Jim said.

An important part of Al-Anon is its sponsorship program, because it gives members a feeling there is someone to call if they have a problem. according to Helen

"Basically, sponsors share their experiences with those that they are sponsoring," Helen said. "They try to give the person hope that everything will be alright. I am currently sponsoring three people, and it gives me a sense of gratitude to help someone."

There are also places where children under the age of 12 can go for help when they are having problems with their parents' alcoholism. An offspring of Alateen, the Feelings Group, is one of these organizations, and it too follows a 12-step program.

The Feelings Group uses ideas of sunshine for happy times and clouds for sad times to help its members express their feelings and problems. This group lets children know that alcohol does not have to control their lives and tries to help stop teen alcoholism before it starts.

Recent research has found a gene thought to be linked to alcoholism in 77 percent of dead alcoholics studied, and the gene was detected in 55 percent of alcoholics' children studied, according to *Austin American Statesman*, Jan. 20, 1992.

While researchers are discovering more every day, members of support groups nation wide are trying to cope with alcoholic friends and family.

"I've been to a few Alateen meetings, and I find them to be very helpful," said Jack. "It is nice to see that there are other people that have the same problem as you, and it makes you feel less alone."

The cycle goes on. The loved ones of alcoholics deal with the things they have no control over, they gather their courage, they change the things that they can and they feel the difference.

**Names have been changed to protect the student's identity.*

Dream on:
Find out what images in your dreams may symbolize.

Accident or Alarm–a symbol of danger, being hurt or breaking your limits.

Airplane-a symbol of high-flying ideals

Beach– a symbol of a balance between earth and water, the head and the heart.

Birth–a symbol of a new start in life

Car–a symbol for a space in your life such as school, home or work. The car's condition represents the state of this space.

Source: Your Dreams and What They Mean by Nerys Dee

Dreams affect life, solve problems

The house is quiet, the air is still and darkness prevails. You fall asleep – drifting into the night when suddenly, a vision flashes in front of you and a dream has captured your mind for the night.

And when the sharp ring of your alarm clock awakens you, you are snatched back into reality...sometimes wishing you could sink back into the dream and sometimes feeling glad that it has ended.

"Dreams are visions of places and times other than the place and time you occupy now. Every dream carries a message," Susan Ellis, author of *Make Sense of Your Dreams,*wrote. "Your dreams carry truth. They show your unique point of view, your hidden feelings and they show your unconscious perceptions."

Dreams are an image of a wish, according to sophomore Charles Payton.

"I feel that dreams show what you have always wanted to do. In real life, you may not have the courage to do something, but you can do it in your dreams," Payton said.

Dreams can be reflections of life because of what they reveal, according to Ellis.

"Dreams reflect inner personal problems like private thoughts, feelings, hopes, failures, fears, love and all the secrets of the heart. These can be safely exposed in dreams without the fear of prying eyes and the passing of judgement from others," Nerys Dee wrote in *Your Dreams and What They Mean*, , said.

Some feel that dreams affect decisions in daily life.

"I believe that dreams mean something because it's your subconscious trying to tell you something. It can give you input in your life and influence you," sophomore Kyra Burns said.

The effect of dreams can actually play a part in the next day.

"Sometimes the feeling [of the dream] is all that is left, and although getting out of bed on the wrong side is often blamed for a dark mood shadowing us all day, this is really due to a hangover from a forgotten dream," Dee wrote. "It can be positive, in which case we will feel great and happy that the cloud from yesterday has been lifted. This is because we have slept on it...and although the details of the dream were not consciously remembered, the feeling was."

Dreams can also serve as a tool to help solve problems by means of incubation. Incubation is a method of asking yourself to solve a problem by seeing the solution in a dream.

"The incubation of dreams simply means asking our dreaming mind for help. The time to incubate dreams is when we are in bed, warm, relaxed and ready to go to sleep," Dee wrote.

The process of incubation includes relaxing the body and silently asking the dreaming mind to send a dream which symbolically solves the problem.

However, everyone does not necessarily incubate dreams the same way with much depending on ways of life and religious beliefs.

Dream interpretation can offer meaning and symbolism wrote Dee.

"Look for the practical message and its practical application remembering that a dream may have a double message, one to be taken literally, and one to be listened to symbolically as well," Dee wrote.

Dreams are a part of life and if interpreted properly, they can be useful, according to dream analysts.

"If we earnestly seek solutions to creative, unique work, then we will receive from our dreams those original solutions which we seek," Dee wrote.

Sleep on it:
Here are some more possible dream symbols.

Death–a symbol of a period of life coming to an end

Eating–a symbol of a desperate need for fulfillment and comfort

Falling–a symbol of insecurity

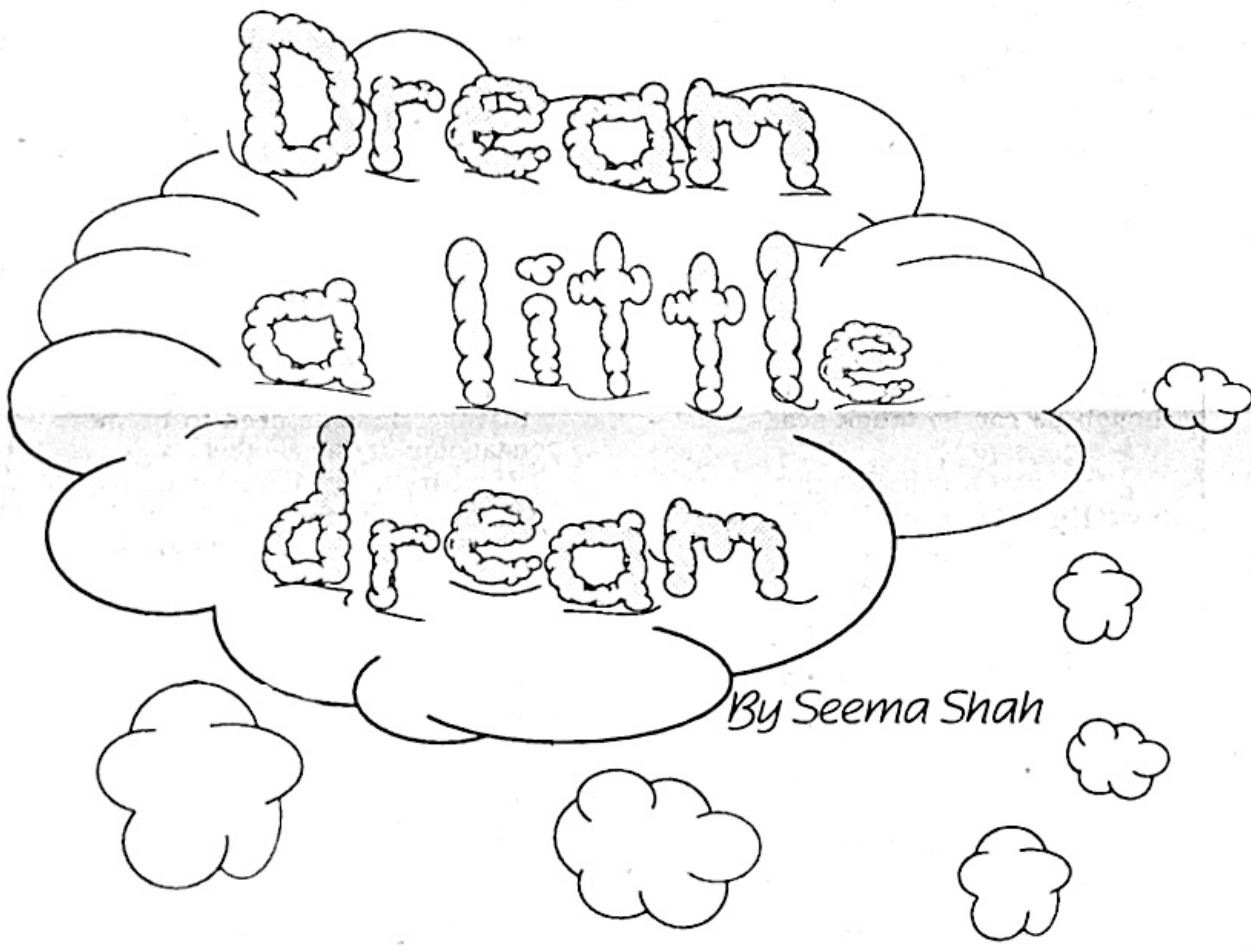
Killing–a symbol of putting an end to an unwanted characteristic of yourself

Kiss–a symbol of someone being singled out for a special purpose

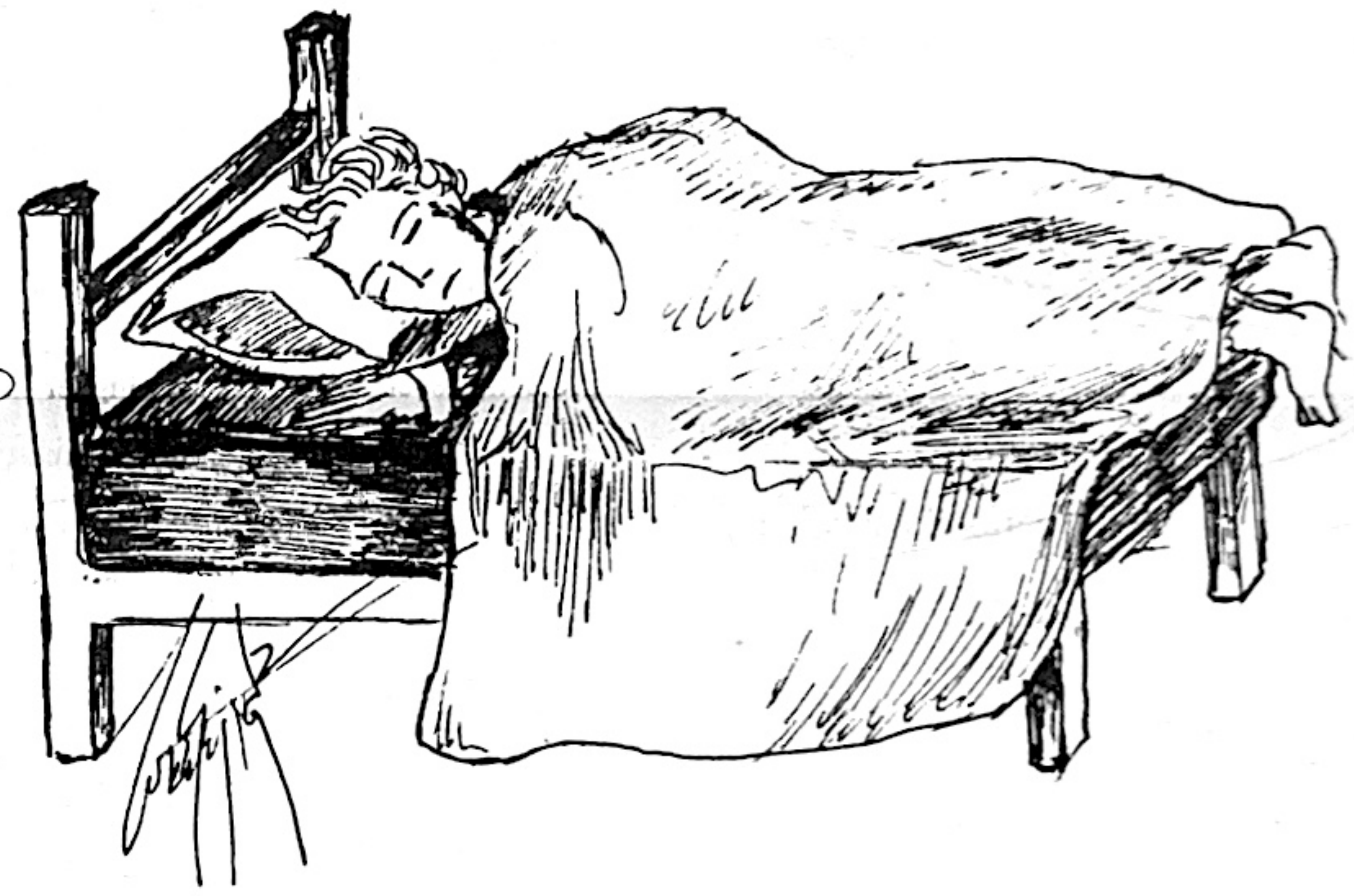
Naked–a symbol of guilty feelings or exposure

Pregnancy–a symbol of conceived ideas that may or may not succeed

Source: Your Dreams and What They Mean by Nerys Dee



By Seema Shah



Horrifying and hopeless: Students' dreams researched, analyzed

Dreams contain signs and symbols that stand for various thoughts, according to dream analysts. Solving the riddle of dream symbolism can reveal traits of the unconscious mind. The following are the real-life experiences of two high school students and how their experiences affected their dreams. *Your Dreams and What They Mean* by Nerys Dee and *Make Sense of Your Dreams* by Susan Ellis were used by Seema Shah for analysis.

The Situation:

In September of 1990, sophomore Jenny* was 12 years old. She was sitting in her father's office, playing on the computer.

The phone rang, and Jenny answered. She did not recognize the voice which greeted her. The man claimed to be her parents' marriage counselor and tricked her into telling her name, age and appearance.

Convinced her parents were having marital problems, she gave the man the information he asked for.

However, the man was not a marriage counselor, and her parents were not having any marital problems.

Jenny was upset that her parents had not told her they were getting divorced and as a result, she did not tell them about the call or even talk to them.

About a week later, Jenny was playing outside and her baby-sitter was inside. She came inside and was upstairs when the baby-sitter received a call.

The same man Jenny had spoken to was on the phone with the baby-sitter. He described Jenny accurately and told the baby-sitter he had just kidnapped Jenny.

The baby-sitter panicked until she realized that Jenny was safely upstairs. Jenny's parents contacted the FBI and they conducted an investigation. However, nothing was found.

The Dream:

A week later, Jenny had a nightmare.

Jenny dreamed that she was sitting in her father's office, playing on the computer. Suddenly, a hand reached through the window, grabbed her throat and pulled her out of the chair, against the window. Jenny tried to scream but could not .

The Analysis:

The hand would represent the man who had claimed to be the marriage counselor, according to Ellis. Jenny's inability to scream represents her feeling of being tricked. The man tricked her into telling him about herself and not being able to scream represents her inability to control the trickery. The main theme is fear because the FBI did not come up with any answers. Jenny was afraid of the man harming her.

The Situation:

Sophomore Susan* has a crush on sophomore Ted*. She does not have any classes with him but her friends see him all the time. She wishes that she could see him more often.

The Dream:

In Susan's dream, she is in her former home and in front of her, Ted and his friend, Bob*, are playing chess. She is an expert at chess but she does not play. Susan then finds herself in a large, wooden room with three wooden beds. There are also three fat ladies in the room. Susan decides to lie down but the ladies tell her that they need all the beds because of their size. Susan is afraid of being crushed by the ladies and she is also suddenly afraid of turning off the light that is on in the room.

The Analysis:

The fat ladies symbolize Susan's jealousy of her friends having classes with Ted, according to research. The fat and the fact that the ladies want all the beds shows that Susan looks at her friends as getting an unfair opportunity with Ted. They get time with Ted, but she does not.

Her fear of turning off the light shows her fear of depression. Darkness symbolizes depression and Susan does not want to be in the dark because she does not want to be depressed over Ted.

The game of chess is looked at as the game of evolution. Since Susan did not play, it symbolizes her anxiety that a relationship with Ted will not evolve.

**Names changed to protect the students' identities.*

Accessorize: Jingle, jangle and get in style by adding a final fashionable touch

BY DONALD HILL
Staff Reporter

THE LOOK

Feeling naked?

Maybe, you are missing that simple necklace or hat. Any outfit can be accessorized with jewelry, hair clips, hats, belts, bags and socks.

With a certain accessory, you can usually dress up a casual outfit. Or, if you feel too dressy, it can add a casual touch.

Jewelry is the most obvious accessory. The type you choose to wear is usually a reflection of your personality. If you wear wild and outrageous jewelry, you probably have a outspokenly bold and fun side to you. Others who wear classic styles or little jewelry at all are more likely to be calm and controlled. The rest of us fall somewhere in between. The main thing to remember is that you should wear whatever you feel comfortable in.

Some clothing stores actually include accessorizing in the outfit selection process. In stores such as Express, Merry Go Round and Gantos, if a salesperson is helping you pick out an outfit, they will also show you jewelry, belts and other things that compliment the outfit.

Some people live by that the old clichè, "less is more."

"I don't wear a lot of jewelry. I think a few matching pieces that are simple is fine, but nothing too flashy. But it's all up to the wearer. Everyone should be able to do what they want," senior Tarryn Webb said.

Cultural jewelry is now becoming more than a symbol of one's ethnicity,it is a fashion trend. The two most popular are Native American and African tribal jewelry. Beads, shells, rawhide leather, turquoise and silver can be seen in chokers, necklaces and bracelets worn by both women and men. This is a good way for people to show pride in their heritage. Good places to find cultural jewelry are Passport to Peru on Coventry and Malikkah International Boutique on Chagrin.

Belts and socks are similar in that they should both match your shoes. If you are not sure whether or not a certain sock will go with a casual to dressy outfit, just wear black.

White socks go with athletic wear and any type of tennis shoes. It does not take much more than common sense to realize that darker socks should only be worn with dark shoes, unless you live in Parma.

Be yourself and have fun accessorizing. Peace out and stay in style.

WIN IT!
The Perfect Prom Look Contest could have you picking the perfect prom outfit with fashion consultant Donald Hill! Details on page 11.

HEALTHFUL HINTS

Tear it up

Crying benefits the whole body

BY JOHN LOMBARDO
Staff Reporter

Go ahead. Whine, whimper, weep and wail. Studies have recently shown that crying is good for you, emotionally as well as physically.

Studies have found crying to be the most effective way to relieve accumulating stress of everyday trials and tribulations.

The reason that people often feel better after a good cry is because tears actually remove chemicals from the body that build up as a result of emotional stress. Crying is a cleansing process, like sweating or urinating, which washes away potentially harmful chemicals from the body. The idea of "crying it out" actually holds some truth.

Crying also temporarily lowers blood pressure. Since stress has been linked to hypertension, the crying's importance, as an emotional release, is evident .

According to doctors, females cry four times more often than males do. But why?

Part of the reason is biological. Before puberty, boys and girls cry about the same amount, but by the age of 18 women cry more often. This is due to the female's production of prolactin, the hormone that promotes tears. After puberty prolactin levels are 60 percent higher in females than males.

Females also have larger tear glands, which allow for greater tear production.

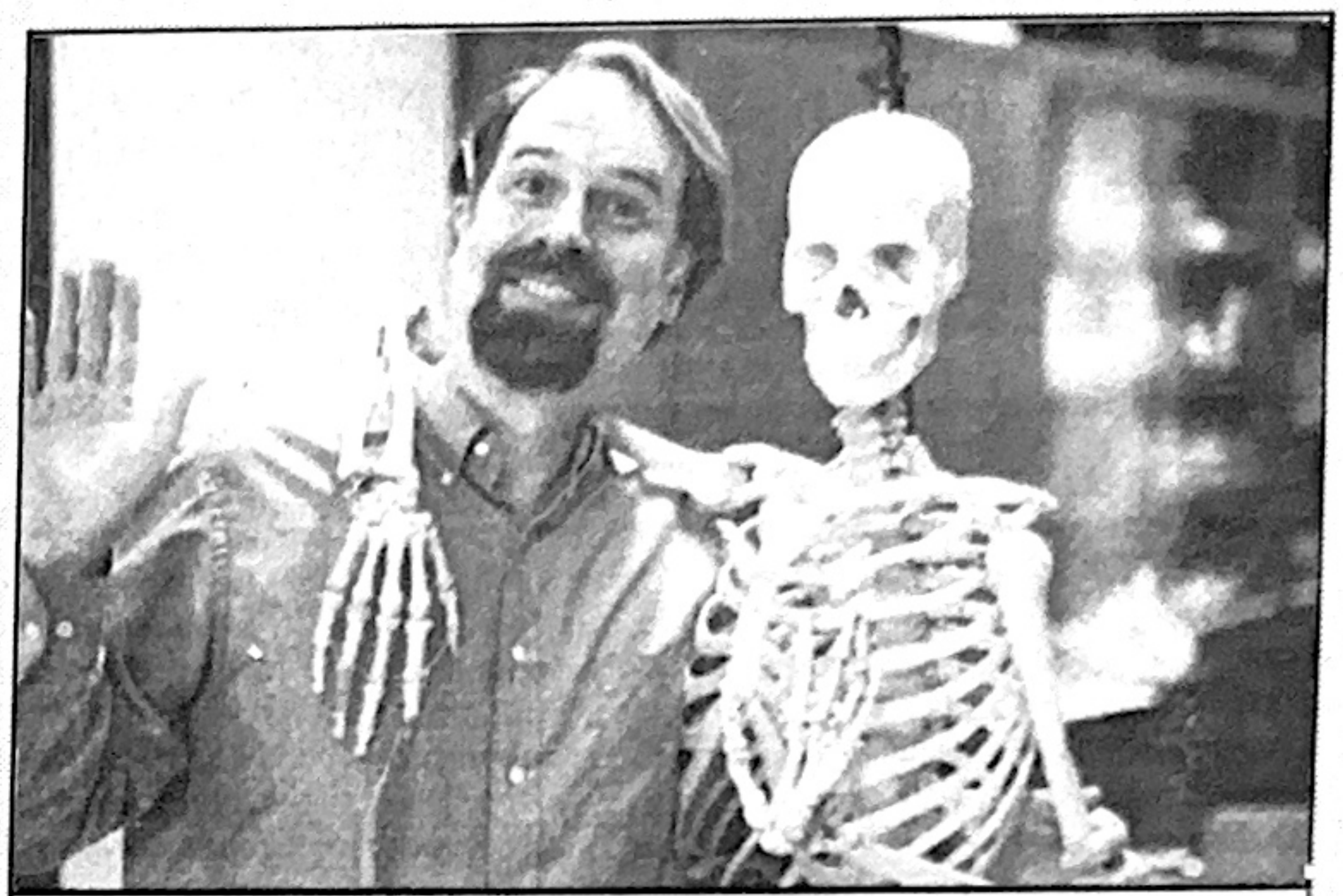
Females may also find they cry more often during menstruation because of hormonal imbalances and fluxuating production rate of prolactin.

Females may also cry more because of cultural standards. We are brought up in a society that teaches boys that crying is a sign of weakness and that tears signify fragility, according to *Redbook*, May 1992.

We have created a Dirty Harry mentality among men, according to *Redbook*, May 1992. This idea that "real men" never cry and "real men" never lose control causes boys to separate themselves from their emotions, which later can result in explosions of anger, according to *Redbook*, May 1992. Suppression of any emotion can be detrimental, and because of years of stubborn thought, men are the ones who continue to suffer *Redbook*, May 1992.

Crying is nature's therapy, and in the words of an old Yiddish proverb, "soap is to the body as tears are to the soul." So the next time you feel teary-eyed, let the tears flow, and keep the tissues handy.

Source: Redbook, May 1992



A LIVELY GUY. Science teacher Robert Sylak shows off his out-of-the-ordinary spirit for which his students know and love him.
Shakerite photo by W. Michael Fleming

Sylak teaches with creativity

BY NICOLE SUTCLIFFE
Staff Reporter

IN PROFILE

As you trudge down the hall sleepy-eyed, trying to finish the last of your bagel, a smile greets you awaiting another day of excitement.

Few teachers really brighten your morning, but science teacher Robert Sylak is one of the exceptions. For 18 years he has dedicated his time to the students of the high school.

"I really enjoy all of my classes; I try to make each one interesting and fun," Sylak said.

His love for teaching is not the only motivation Sylak provides in the classroom. Many students also said that though he can be tough academically, he is a great guy.

"He can be challenging, but laid back. His class is always something new to look forward to," sophomore Stephanie Marder said.

Agreeing with Marder, senior Jeff Eagleton said he always feels at ease in astronomy class.

"Mr. Sylak keeps the atmosphere of the classroom light by making jokes and having fun with the class," Eagleton said. "You always feel comfortable, because he does not put people on the spot and tries to make sure everyone understands before moving on"

Besides biology, astronomy and environmental science, Sylak also finds time to coordinate the Environmental Club, direct the Tutoring Center, and help coach the Lincoln Douglas Speech and Debate team.

"He lives for the debate tournaments. It's his joy in life," said freshmen Matt Younger, a member of the debate team.

Across America, there are an abundance of schools to teach at, but Sylak said he likes Shaker because it gives him the chance to be creative.

"I love the fact I am able to design my own courses," he said.

Throughout his many years of teaching Sylak said his greatest challenge as a teacher has been staying fresh.

"If I become stale with the same lessons, then not only do the students get bored, but I will also," he said.

Sylak sometimes feels discouraged on the job, but only when his students do not live up to his expectations.

"If one of my students doesn't act the way I expect, or I expect too much, that's when I end up getting upset," Sylak said.

Though Sylak loves the high school, he feels that it has its faults. He said that the students need to be more understanding of one another.

"If we try to get along better, then a lot of the pressure the students feel will go away. If the social standpoint is better, then the students (and teachers) jobs will be a lot easier," Sylak said.

Sylak grew up in Youngstown with two older sisters and a family full of teachers.

"Everyone around me when I was growing up was a teacher," Sylak said. "My father, my sisters and now even my wife is. It's almost as if I was drawn to them."

Sylak said his greatest reward from teaching is when he sees his students become something.

"When I see my students do well later in life and know I was a part of that process, then it really gives me pleasure," he said.

Out of school, Sylak said he likes anything outdoors such as fishing, hiking and canoeing, but with a 12 year-old-son and a new baby boy, time is hard to come by.

So the next time you are walking down the hall half asleep, realize that there is a friendly face waiting to greet you.

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SPORTS

The Top Five sporting events in Shaker Heights High School

5. The daily Shaker Grand Prix for a parking spot on the oval.
4. Golf.
3. The library staff's 100 meter dash when going after a book thief.
2. Freaking in the hallway.
1. Hanging on while Mr. Hogue dangles you out the window.

SPORTS BRIEFS

Womens lacrosse team is optimistic for season

The womens lacrosse team will begin their fifth season of varsity play under coach Liz Wilson Griffith on April 7,at home against against Cleveland Heights.

"We should have a really strong season this year since we have a lot of returning players," sophomore Melanie Vail said.

The varsity team will be led this year by returning seniors Caroline Taccini and Lindsay MacDonald. Each qualified for the womens national team last year.

"I think we should do even better than last season's record of 13-3 and even be contenders for the large school division mid-western league title," Taccini said. "We're all determined to have an undefeated record. We have a lot of strong athletes."

Due to renovations of the mens lacrosse field, the girls team will be practicing on the front field, with their games to be held on the football field.

–Will Glasson

Softball looks to improve

The softball team is looking to improve over last season's dismal 5-13 record, according to coach Lori Anthony.

Last year's team was relatively inexperienced and had a hard time finding chemistry. But Anthony feels this year's pool of talent has the experience needed to succeed. There is currently around 50 people waiting to try out for the team, although that number is expected to fall.

"We are definitely capable of having a winning season," Anthony said.

Anthony said she believes in the team concept and that no one person is any more important than another. She said she believes the talent of this years's team is well balanced all around the field.

Win or lose, Anthony said she feels she has a pleasant group with a strong attitude towards playing.

"The [players] want to work," Anthony said.

–Tom Taylor

Mens lacrosse team gets ready for improvement

Though last year's mens lacrosse team held a 4-10 record in the Lake Erie League, this year's squad hopes to be even better.

The Raiders are led by seniors Dan and Will Glasson, who have each been recruited by Ohio State University this year.

Dan Glasson is optimistic about this year's team.

"Our team is much better than last year's," he said. "The players are more skilled."

Talented underclassmen are another reason for the team's improvement, Dan Glasson said.

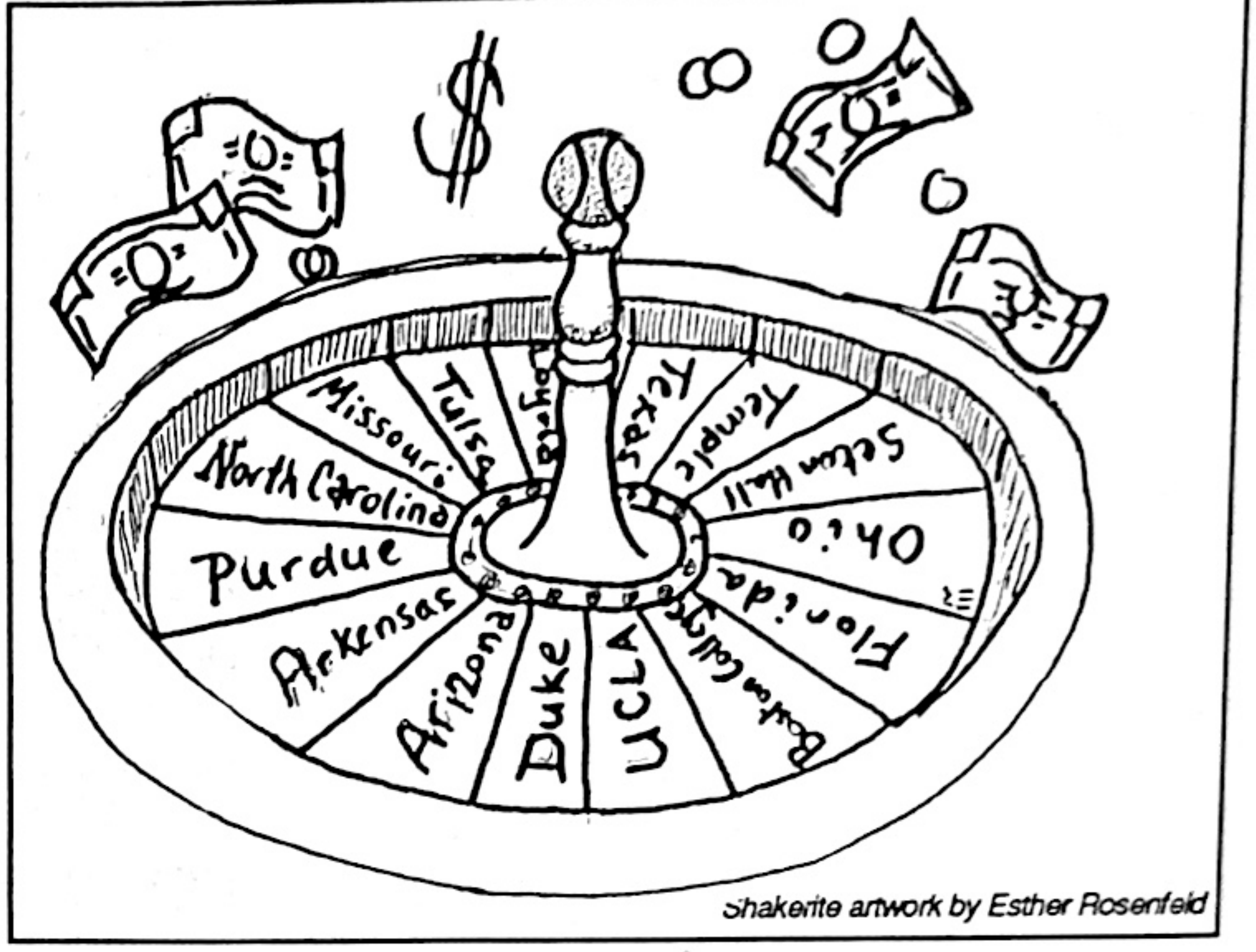
"Most of the underclassmen have already had at least one year of playing lacrosse. We are also fortunate that we didn't lose any really good players [through graduation]."

The team begins their season at home against Dublin on April 9.

–Scott Fuller

High school students put their money where their mouth is when gambling

BY MICHAEL BECKER
Staff Reporter



Shakerite artwork by Esther Rosenfeld

March, a month where the snow finally begins to melt, is known for one other thing, the madness created by the college basketball championships.

With the bracket of all 64 teams in every paper the day after Selection Sunday, nothing inspires gambling quite like it.

"The NCAA tournament is good for gambling because it's impossible to pick all of the games," junior Brian Zambie said.

Besides this event, which culminates the college basketball season, betting occurs at the high school regularly. On a daily basis a student can place a wager on nearly any sport.

Sophomore Joey Sopko is one student who is a heavy gambler.

"I try to make three or four bets a day," he said.

Typically, Sopko said he gets the point spreads from the paper and then picks the winners with a couple of friends for two dollars a game. If someone becomes 10 dollars in debt they must pay their debts.

Pro basketball is Sopko's favorite sport to bet on because, "there are lots of games to pick from."

For the NCAA tournament he said he normally makes about fifty copies of the bracket and passes them out for a few dollars each. Then he keeps about 10 dollars before giving the rest to the winner.

Sopko said the main reason he gambles is for the money.

"It can be profitable. I have made lots of money," he said. "Sports is more exciting [with gambling]. A lot of people who are not very good at playing sports can still show their love of the game."

Sophomore Dameon Winlock agrees with this theory.

"It gets you involved and you cheer more when money is on the line," he said.

Junior Chaim Rozgonyi also likes to gamble but he does not focus on the winning as much as the excitement.

"I like gambling. It's a sense of adventure because you don't know what happens. If it comes out great, great. If not, then it's not that great," he said.

Even though many people are into gambling there are some people, including physical education teacher Lori Anthony, against it.

"It doesn't appeal to me," she said. "It seems senseless. [For the NCAA's] sure I'll look at the bracket and try to predict who wins, but I don't put money in."

Baseball team on deck to begin a new season

BY CLIFF MENDELSOHN
Staff Reporter

Although the baseball field is just now beginning to thaw out, the varsity baseball team has already started preparing for what looks to be another successful season, according to coach Bud Longo.

The loss of several outstanding players from last year's squad hurts the team, but the players feel confident and optimistic about this season.

"Although we lost practically our entire pitching staff from last year and a lot of good players, we'll be able to make it up with senior leadership and a group of good, athletic underclassmen," senior catcher Brent Urcheck said.

The loss of pitchers is a concern for both the players and the coaching staff. There is no doubt among the team that pitching is essential in order for the team to have a successfull season.

"Pitching is a key for our success. We need to find three or four solid pitchers. Right now, our only proven pitcher is junior Phil Rosenbaum, but sophomore Matt Guerrier looks as though he could step up," Longo said.

Juniors Cullin O'Brien and Brian Sowell and seniors Brian Frew and Mark Ackerman also provide pitching possibilities.

The team is also looking to have a good defense this season, which will help bolster its pitching.

"The defensive lineup played together over the summer and got used to each other, which helps a great deal. Our defense is better than last year. We have an outstanding catcher in Brent Urcheck, who is one of the best in the area," Longo said.

Other seniors such as first baseman Frew, second baseman David Painter, center fielder Greg Taylor all provide excellent defense, and utility man Ackerman who can play many different positions, all contribute to the solid defense, Longo said.

The rest of the defense is made up of Sowell, sophomore third baseman Max Axler, junior right fielder Sean Malone, and junior left fielder O'Brien.

The players also feel as though their offense can provide enough runs each game to be competitive in every game they play.

"This year we have some power hitters and some aggressive base runners, which usually combine for a productive offense," Frew said.

Longo is confident that all of the talent and dedication will help the team to achieve their goals, which would include an Erie Division title, a win over Lakewood, and advancing far into the state tournament.

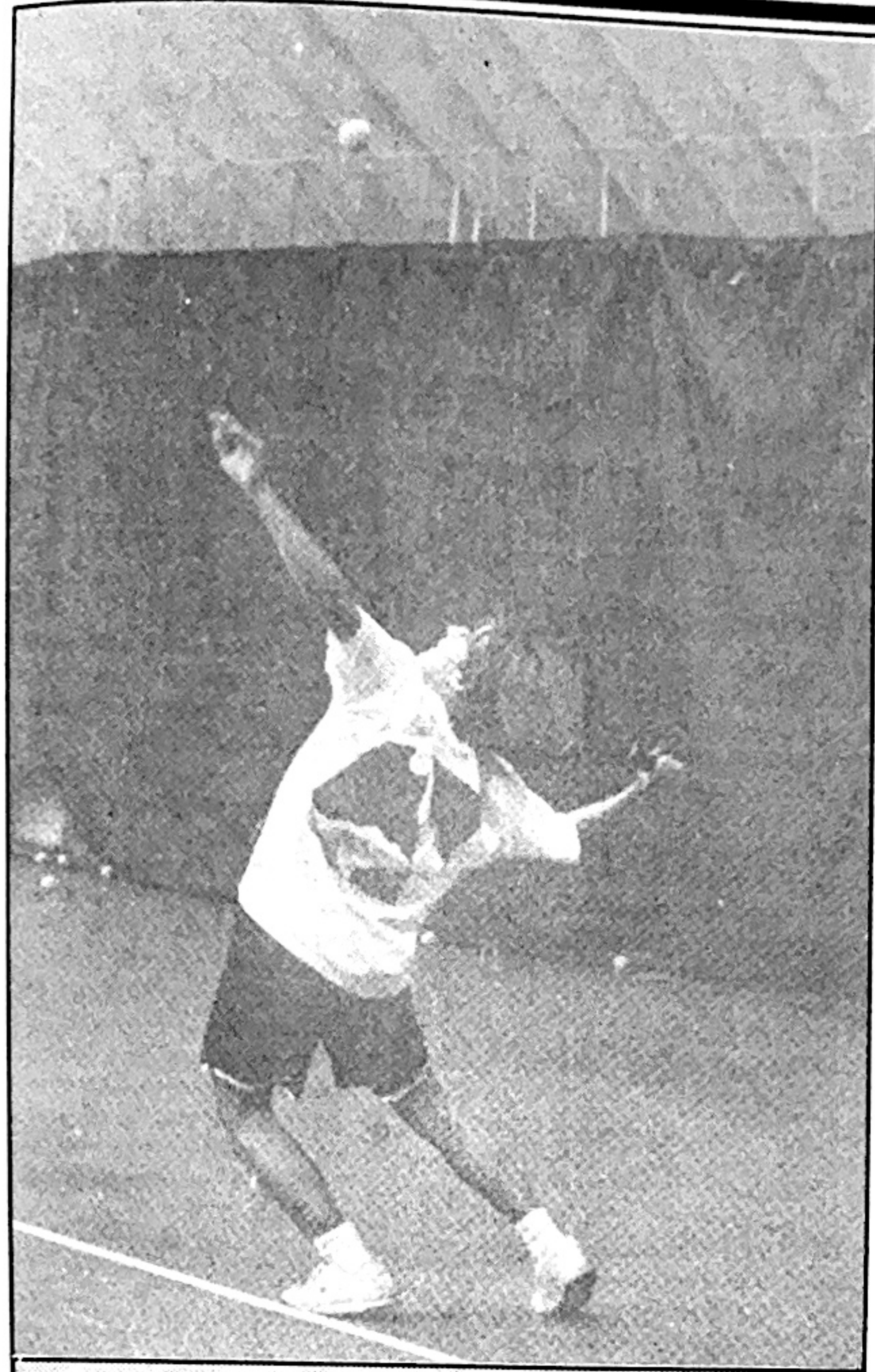
The team knows this will not be an easy task because the Lake Erie League is known as one of the best baseball leagues in the city, Lakewood has an excellent team that has won the Lake Erie League the past five years and the Cleveland area has some outstanding teams, but they are confident that they will be ready for these challenges.

"All the teams in our league are tough and we also have a couple tough nonleague games, but we'll be ready," said Taylor.

"What we lack in power, we make up for in mental intensity," Ackerman said.

DON'T MISS! Senior David Painter awaits a pitch during a varsity baseball practice in the boys gym. The first baseball game is at Cleveland South on April 5.

Shakerite photo by Larry Latson



ACE HIM! Junior co-captain Ryan Smith tosses a serve at an indoor practice of the mens tennis team. The team begins their season on April 8 at home against Walsh Jesuit, and is looking to capture yet another Lake Erie League title under head coach Al Slawson.

Shakerite photo by Courtney Masini

Tennis team ready to serve up another championship

BY LESLIE SIMON
Staff Reporter

As spring rolls around, many students begin the countdown until the end of the school year, but to some it is only the beginning—of the tennis season that is.

The mens tennis team, coached by Al Slawson, has already begun preparing for the new season. During the offseason, some players play at private clubs or clinics.

The team also rented indoor space at the Shaker Racket Club from 3:30-5:00 on Mondays for varsity level players.

On Saturdays, the team practiced for an hour and a half by playing basketball to stay in shape.

"Basketball was a fun and beneficial way to stay in shape during the off season. It is also good practice for the upcoming basketball tournament we're involved in," sophmore Brian Snyder said.

> *I am really looking forward to the new season because I feel that we have a strong team this year. We can accomplish all that we set out to do if we work hard and put our minds to it,"*
>
> *–Brian Snyder*

Last year the tennis team had a record of 16-2 which earned them the Lake Erie League title.

The team lost four seniors last year, including first singles player Ramin Pirouz, third singles player Kenyatta Pollard and first two doubles players Stuart Wine and Jeff Ngo.

"The loss of the seniors hurts, but I feel that we have very good players who can step in and help the team succeed," junior Ryan Smith said.

With a good group of incoming freshmen, the junior varsity team looks good according to coach Slawson.

The varsity team will include returning players sophomore Dan Young and juniors Kevin Cole and Smith as well as experienced players sophmore Brian Snyder, junior Jeff Jablow and seniors Colin Manly and Brad Karfeld according to Slawson.

Also playing varsity this year is junior Khalid Abdelrasoul who transfered from University School last year.

According to Abdelrasoul he is not sure if he will be playing for the high school this year or be attending Bolletari Tennis Academy to play tennis full time.

Coach Slawson also has high hopes for the upcoming season.

"We will perform well. I expect that we will win the league championship, have players qualify for Districts, and hopefully have one [player] qualify for the state tournament. We will show a lot of improvement this season, and most importantly, I expect that we will have fun," Slawson said.

"I am really looking forward to the new season because I feel that we have a strong team this year. We can accomplish all that we set out to do if we work hard and put our minds to it," Brian Snyder said..

"I think that we are going to have a very succesful season because we have excellent players at all varsity positions," Smith said.

The varsity team opens its season on April 8, at home against Walsh Jesuit.

Paintball soars in popularity among high school students

BY BRENDAN MASINI
Staff Reporter

RECREATIONAL SPORTS

The sport of paintball has become the recent recreational rage for both the serious competitor and the group of friends that want to try something exciting.

Paintball is a sport that combines guerrilla warfare and high tech equipment with the safety of squirt gun fights. It involves a variety of formats that are can be made up by the groups playing it. A standard format has two teams separated in some sort of field or woody area and try to shoot all of the members of the other team with small pellets of paint. These paintballs only sting a little and they are water soluble, so players don't worry about their clothes.

Many people who recently tried this sport for the first time had favorable responses.

"I liked the shoot-em-up, go get-em attitude," freshman Richard McCormack. said.

"I liked the fact that I could shoot people without really hurting them," freshman paintball enthusiast Jeff Matthias said.

Of those people in the high school who "paintball" regularly, many own their own equipment. Matthias paid around $250 for a starter kit that included a gun, mask, CO_2 cartridges and a supply of paintballs. Paintball guns can range in price from $90 to $500, not including the mask ($15-$60), $C0_2$ tanks, paintballs and other optional items such as gloves and camouflage clothes.

The price of renting the guns is a major drawback to the sport McCormack said.

Both of these adventurers went to Allen Paintball Products and each paid $20 to rent a gun, mask, CO_2 cartridge and balls.

Before going, McCormack said he had many ideas of what the game would be like.

"I imagined people getting splattered with paint all the time, but found that the game takes more skill, and it was hard to shoot people, although that element made it more fun.," McCormack said.

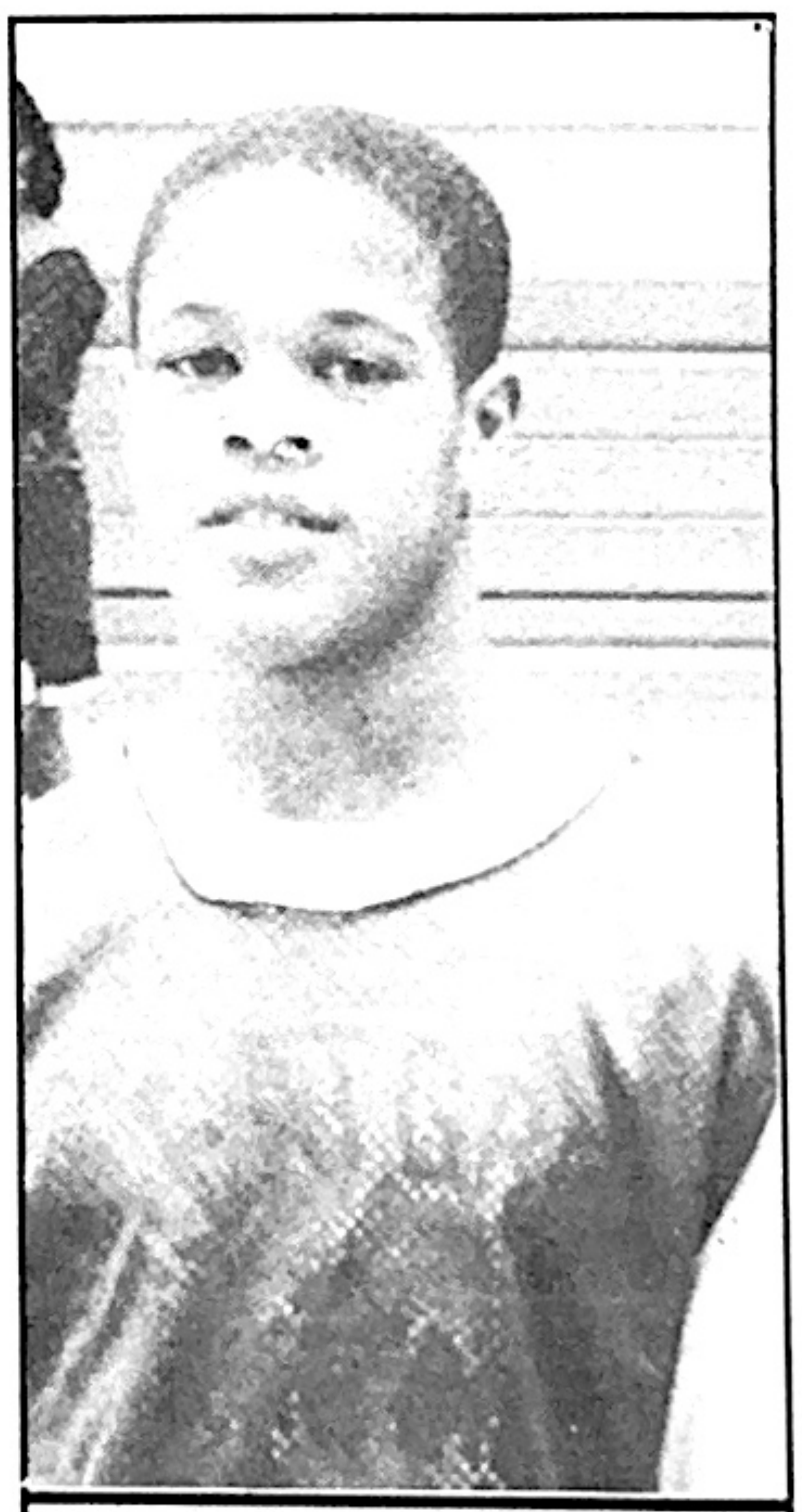
Local places to rent or buy weapons are Allen Paintball Products and Pinnacle Woods Survival Games Inc. These locations sell all ranges of equipment from guns to bodysuits.

"I think that people should give paintball a shot because it can be a lot of fun," Matthias said.

➜Pinnacle Woods Survival Games Inc. can be found at 8752 East Av. in Mentor, and can be reached by phone at 942-8900.

➜Allen Paintball products can be found at 26235 Broadway.

RAIDERS OF THE MONTH



KORE SHARPLEY. This sophmore wrestler qualified for the district tournament for the second year in a row in the 103 pound weight class. Senior Ben Cullis was the only other high school wrestler to qualify for districts.

Shakerite photo by W. Michael Fleming

JANE CALFEE. Calfee a sophmore swimmer, set a district record in the 100 meter backstroke on Feb. 19. She placed fifth in the state in the same event. She was also a member of the 200 free relay which finished sixth.

Shakerite photo by W. Michael Fleming

On the right track: male and female runners sprint into season

BY REBECCA ENTEL AND THOMAS MCGILL

Co-Centerpiece Editor and Staff Reporter

After five years without a home meet, the mens and womens track teams are both looking to have their best season of the decade.

According to mens head coach Charles Richards, the team's biggest strength will come from those athletes with two years of experience under their running shoes: the juniors.

"The nucleus of the team will be the juniors, those with high school and LEL experience," Richards said.

> *Every year for as long as I can remember, we've improved. That includes this year. Barring injury, this should be our best team ever."*
>
> *–Henry Woodard*

The team, juniors and otherwise, will have their first meet against Willoughby South on March 28. The team won't have a home meet until the Shaker Quad Meet on April 5.

With the snow and cold air, though, the men have not yet had the chance to run outside. Right now, the team is running in circles around the multipurpose room. According to Richards, however, they won't be running in circles for long. He is predicting a successful season.

"I think we have a chance at third [in the LEL] at the least," Richards said, naming Cleveland Heights and Mentor as the team's biggest competition.

Richards would like speculation about this season's success to be held off until the results from two or three meets are in. Then the school will truly see where the team stands, he said.

"The student body hasn't had a chance to see us in action. There will be [support] once we establish home meets," he said. "You have to show [the students] something before they get excited."

The womens track team, which had an extremely successful season last year, is also looking to improve this season.

"Every year for as long as I can remember, we've improved. That includes this year," head coach Henry Woodard said.

The team is led by a host of upper-classmen, including juniors Heather Hanson, Angie Agnew, Ebony Johnson, B.J. Long, Telessa Edwards and Jimeka Holloway. Seniors Dorrian Thornton, Ashley McWilliams and Lindsay MacDonald are also key members of the team.

The captains are the members of last season's state championship 4x100 relay team, Hanson, Long, Thornton and Agnew.

"Barring injury, this should be our best team ever," Woodard said.

The team's toughest LEL opponents looks to be Cleveland Heights and Mentor, according to Woodard, although neither team is in the Erie Division.

The team's first meet is against Willoughby South on March 28, the same day as the mens meet.

The first home meet for the mens team is the Shaker Quad Meet on April 5.

HURDLE IT! Senior Michael Summers jumps a hurdle in preparation for the upcoming mens track season. Their first meet is on March 28 at Willoughby South.

Shakerite photo by Courney Masini

RED RAIDER WRAP-UP

M. Swimming

FINAL RECORD: 11-0
LEL RECORD: 7-0 (1st place)

–Sent five swimmers to the state meet.

W. Swimming

FINAL RECORD: 12-0
LEL RECORD: 7-0 (1st place)

–sophomore Jane Calfee set a district record in the 100 meter backstroke

Wrestling

FINAL RECORD: 9-7

–sophomore Kore Sharpley and senior Ben Cullis went to the district meet.

W. Basketball

FINAL RECORD: 10-12
LEL RECORD: 5-1 (first place)

–in postseason play, the team beat Maple Heights before losing to Solon.

M. Basketball

FINAL RECORD: 8-11
LEL RECORD: 7-6

–lost to Bedford in sectional play at Cleveland South.

JV RECORD:12-3
LEL RECORD: 10-1 (first place)

Hockey

FINAL RECORD: 17-11

—sophomore Ben Simon and seniors Jeff Ulrich and Dan Glasson were named All-Red Division players.

–lost to Cleveland Heights in the state tournament. Shaker had beaten Heights two previous times during the year before falling in postseason play.

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